

## Disabilities

### **Books covering more than one disability or general information:**

Brodey, Denise. 2007. *The Elephant in the Playroom: ordinary parents write intimately and honestly about the extraordinary highs and heartbreaking lows of raising kids with special needs.* Parents J306.874 Brodey

Brown, T. 1995 *Someone Special Just Like You.* Presents wonderful pictures that help children, parents, and teachers to understand that the differences that seem to separate some children from others are not important. Stresses the importance for a desire to love, learn and play and to be accepted for themselves, as other children are. Touches on the topics of **visual impairments, hearing impairments, physical handicaps, and mental handicaps.** J362.4 Brown

Gallo, Donald R. 2008. *Owning It: stories about teens with disabilities.* Presents ten stories of teens facing all of the usual challenges of school, parents, boyfriends and girlfriends, plus the additional complications that come with having a physical or psychological disability. **YA Owning**

Powell, Jillian. 1992. *Disability.* Discusses disabilities, who has them, the physical and social challenges faced by disabled people, how they can work and play and what kinds of help are available, with an emphasis on physical disabilities. **J362.4 Powell**

Thomas, Pat. 2002. *Don't Call Me Special.* **J362.4 Thomas**

Westridge Young Writers Workshop. 1994. *Kids explore the gifts of children with special needs.* Written by third and sixth graders, this book profiles ten courageous young people, answering children's questions about disabilities with candor and sensitivity. Disabilities covered include: **Fetal alcohol syndrome, cerebral palsy, dyslexia, brittle bone disease, attention deficit disorder, hyperactivity disorder, Down syndrome, hemophilia, hearing impairment, blindness and dwarfism.** **J371.91 Kid**

*You will dream new dreams: inspiring personal stories of children with disabilities.* 2001. Parents J649.151 Klein

### **General Titles on Self-Esteem and Overcoming Prejudices:**

Caseley, J.1991. *Harry and Willy and Carrothead.* Three boys overcome prejudicial ideas about appearances and become friends. **JJF Caseley**

Couric, K. *The Brand New Kid.* 2000. Lazlo, who has just moved to the United States from Hungary, is ostracized at school until two girls have the courage to befriend him. **JJF Couric**

Moser, A. 1991. ***Don't Feed the Monster on Tuesdays!: the children's self-esteem book.*** Provides information to children that will help them understand the importance of their self-worth. Offers practical approaches to help children evaluate and strengthen their self-esteem. **J158.1 Moser**

Weiner, M.B. & Niemark, J. 1995. ***I Want Your Moo: a story for children about self-esteem.*** This is a tale about self-esteem that will help reinforce a child's feeling that all of his or her attributes are a valuable part of a unique and good self. **JF Weiner**

### ***Alphabetical Listing by Disability:***

#### **ADD/ADHD**

Beal, Eileen. 1998. ***Everything You Need to Know About ADD/ADHD.*** Defines both ADD and ADHD and discusses what can be done to treat these conditions, including medication, behavior modification and counseling. **J616.8589**

Emmons, Polly Goodwin. 2005. ***Understanding Sensory Dysfunction: learning development, and sensory dysfunction in autism and spectrum disorders, ADHD, learning disabilities and bipolar disorder.*** Parents **J618.92 Emmons**

Gantos, Jack. 1998. ***Joey Pigza Swallowed the Key.*** To the constant disappointment of his mother and teachers, Joey has trouble paying attention or controlling his mood swings when his prescription medications wear off and he starts getting worked up and acting weird. **JF Gantos** (sequels: ***Joey Pigza Loses Control, What Would Joey Do?, I am Not Joey Pigza***)

Gehret, J. 1990. ***Eagle Eyes: A child's guide to paying attention.*** Over time Ben learns to focus his attention like an eagle on the things that really count. This book helps readers of all ages understand ADD and gives practical suggestions for organization, social cues, and self-calming. **J616.8589**

Penn, Audrey. 2003. ***A.D.D. Not B.A.D.*** Jimmy Jumping bean and his teacher, Mr. Jugardor, demonstrate to the class why Jimmy's attention deficit disorder makes it harder for him to sit still. **JF Penn**

Petersen, Cristine. 2006. ***Does Everyone Have ADHAD: a teen's guide to diagnosis and treatment.*** **J616.8589 Penn.**

Quinn, P.O. 2012. ***Putting on the Brakes: Young people's guide to understanding attention deficit hyperactivity disorder (ADHAD).*** A 64 page book designed for use with students ages 8 to 13. Written from a pediatric and an educational perspective, it attempts to

address the needs and questions of young people who have ADHD by focusing on understanding and gaining control over ADHD. **J618.9285 Quinn**

Quinn, Patricia O. 2009. ***Attention Girls! A guide to learn all about your AD/HD.*** Contains practical ways to improve organization, focus, study and homework skills, as well as information on making and keeping friends, dealing with emotions, improving self-esteem, overcoming sleep problems, understanding medication and managing anxiety. **J616.8589 Quinn**

Rotner, Shelley. 2000. ***The A.D.D. Book for Kids.*** Texts and photos explain what it is like to live with ADD. **J618.9285**

Silverstein, Alvin. 2001. ***Attention Deficit Disorder.*** Explains what attention deficit disorder is, what causes it, and how it is treated. **J616.8589 Silverstein.**

Taylor, John. 2006. ***The Survival Guide for Kids with ADD or ADHD.*** Provides information and advice for kids with ADD or ADHD, including what these disorders are, ways to make things better at school, and with friends, taking medicine, eating healthy foods and more. **J618.9285**

Walker, Beth. 2004. ***The Girls' Guide to AD/HD: don't lose this book!*** **J616.8589 Walker**

## **Asperger**

Myles, H.M. 2002. ***Practical Solutions to Everyday Challenges for Children with Asperger Syndrome.*** This book was written by a nine year old author who presents a variety of challenges and suggested sets of solutions in short, easy-to-read paragraphs in a child-to-child format. Some of the suggestions are tried-and-true solutions that our grandmothers taught us as children while others are the author's originals. Although written for children with Asperger Syndrome, parents will find the book a good read for other youngsters as well. **J616.8982 Myles**

Yoshida, Yuko. 2007. ***How To Be Yourself in a World That's Different: an Asperger's Syndrome study guide for adolescents.*** A guide for teens on coping with Asperger Syndrome. Provides information on research, describes how the condition manifests and suggests strategies for how to deal with specific problems. **J618.9285 Yoshida**

## **Asthma**

Carter, A.R. 1996. ***I'm Tougher Than Asthma!*** In this 32 page book, Siri learns to manage her asthma while participating in lots of fun activities. She describes what it is like to live with asthma, how asthma affects the body, some of the things that trigger an attack,

and what can be done to avoid problems. It also includes questions and answers about asthma and its treatment. **J616.239 Carter**

London, J. 1992. ***The Lion Who Had Asthma.*** Sean's nebulizer mask and his imagination aid in his recovery following an asthma attack. Includes information on childhood asthma and how to control its symptoms. **JF London**

Matthies, Janna. 2009. ***Peter, the Knight with Asthma.*** When he begins to cough and wheeze while pretending to be a knight slaying dragons, Peter is taken to the doctor and learns he has asthma and what he can do to control its symptoms. **JF Matthies**

Yee, Lisa. 2010. ***Bobby the Brave (Sometimes).*** Fourth grader Bobby is hurt when he hears his father, a former pro football player, say that the two of them are nothing alike, but finally summons the courage to talk about it after his public asthma attack proves how right his father is. **JF Yee**

### **Autism (does not include all the titles in the "Parents" shelving)**

Amenta, C.A. 2011. ***Russell's World: a story for kids about autism.*** Russell is a boy with severe autism and this is his story. See the surprises, challenges and problems that Russell and his family experience as well as the happiness and rewards they recognize. **J618.9285 Amenta**

Baskin, Nora Raleigh. 2009. ***Anything But Typical.*** Jason, a twelve year old autistic boy who wants to become a writer, relates what his life is like as he tries to make sense of his world. **JF Baskin.**

Edwards, B. 1999. ***My Brother Sammy.*** Sammy has autism. This touching story begins by exploring the sadness, embarrassment, loneliness, frustration and anger felt by Sammy's older brother. But Sammy's big brother come to understand the important role that he, himself, plays in Sammy's life and discovers that he is able to move their relationship ahead with patience, understanding and acceptance. **JF Edwards**

Harris, Sandra L. 2003. ***Siblings of Children with Autism: a guide for families.***  
**Parents J618.9285 Harris**

Kaufman, B.N. 1994. ***Son-rise: the miracle continues.*** A story of a family's struggle to overcome their son's withdrawal into the world of autism, and his awakening through a program based on unconditional love and total acceptance, which left no traces of their son's former condition. **618.9289 Kaufman (adult collection).**

Kochka. 2006. ***The Boy Who ate Stars.*** Upon moving to a new apartment, twelve year old Lucy befriends an autistic boy who lives upstairs and along with her friend Theo and a

pampered pooch, takes Matthew on a neighborhood adventure hops to open him up to the world around him. **JF Kochka**

Lennard-Brown, Sarah. 2004. ***Autism***. J616.8982 Lennard-Brown

Luchsinger, Dena. 2007. ***Playing by the Rules: a story about autism***. When Grea Aunt Tilda comes to visit, it takes her a little while to learn to understand Josh, who has autism, just as it takes him some time to get used to her. **JJF Luchsinger**

Montgomery, Sy. 2012. ***Temple Grandin: how the girl who loved cows embraced autism and changed the world***. JB Grandin

Shapiro, Ouisie. 2009. ***Autism and Me: sibling stories***. In these moving essays, children tell their stories of what it's like to live with a sibling who has autism. **J618.9285 Shapiro**

Thompson, Mary. 1996. ***Andy and his Yellow Frisbee***. The new girl at school tries to befriend Andy, an autistic boy who spends every recess by himself, spinning a yellow Frisbee under the watchful eye of his older sister. **JJF Thompson**

Thompson, M. 1992. ***My Brother Matthew***. A realistic story about how family life typically focuses on the needs of a child with disability, and the effects that can have on the other kids in the family. Siblings often need help understanding and adjusting to their brother's or sister's special needs. Encourages siblings to share their emotions and reassures them that their role in the family is very important. **JJF Thompson**

## **Blindness (does not include books on Helen Keller)**

Alexander, Sally Hobart. 2008. ***She Touched the World: Laura Bridgman, deaf-blind pioneer***. When she was just two years old, Laura Bridgman lost her sight, her hearing and most of her senses of smell and taste. But then a progressive doctor, who had just opened the country's first school for the blind in Boston, took her in. Laura learned to communicate, read and write – and eventually even to teach. **JB Bridgman**

Barrett, Mary Brigid. 1994. ***Sing to the Stars***. When Ephran becomes friends with a blind man in his neighborhood and finds out that Mr. Washington was a famous pianist who hasn't touched a piano for a long time, he resolves to get the man back on stage. **JJF Barrett**

Bender, Lionel. 2010. ***Explaining Blindness***. Discusses why blindness occurs, how it is diagnosed, how it affects people, and how it is treated.

Goldin, Barbara Diamond. 1991. ***Cakes and Miracles: a Purim tale***. Young, blind Hershel finds that he has special gifts he can use to help his mother during the Jewish holiday of Purim. **JJF Goldin (Holiday)**

Hansen, Anni Rosanna. 2005. ***Panda: a guide horse.*** J362.4 Hansen

Hermann, Spring. 1998. ***Seeing Lessons: the story of Abigail Carter and America's first school for the blind.*** When ten year old Abby Carter attends the newly established school for the blind in Boston in 1832, she proves that blind people can learn and be independent. JF Hermann

Hunter, Edith F. 1963. ***Child of the Silent Night: story of Laura Bridgman.*** Story of a blind and deaf child who was taught by the Perkins Institute to make herself understood. JB Bridgman

Lang, Glenna. 2001. ***Looking out for Sarah.*** Describes a day in the life of a seeing eye dog, from going with his owner to the grocery store and post office, to visiting a class of school children, and playing ball. Also describes their 300 mile walk from Boston to New York. JJF Lang

MacLachlan, Patricia. 1980. ***Through Grandpa's Eyes.*** A young boy learns a different way of seeing the world from his blind grandfather. JF MacLachlan

Martin, Bill and John Archambault. 1987. ***Knots on a Counting Rope.*** In this story of love, hope, and courage, the counting rope is a metaphor for the passage of time, and for the boy's emerging confidence in facing his greatest challenge – his blindness. JF Martin

McElfresh, Lynn E. 1999. ***Can You Feel the Thunder?*** Thirteen year old Mic struggles with mixed feelings about his deaf and blind sister while at the same time he makes his way through the turmoils of junior high. JF McElfresh

Montgomery, Elizabeth. 1979. ***"Seeing in the Dark"***. A blind child slowly adjusts to life at her new school and dramatically proves the success of that adjustment during a school fire. JER-3 Montgomery

O'Neill, Linda. 2001. ***Being Blind.*** Explains what it is like to be blind and how blind people can use Braille, guide dogs, canes and other aids to live independent lives. J362.41 O'Neill

Petrillo, Genevieve. 2007. ***Keep Your Ear on the Ball.*** Davey, a blind student, refuses all help from his new classmates, even while playing kickball at recess, until they find a way to help without doing everything for him. JJF Petrillo

Rodanas, Kristina. 2003. ***The Blind Hunter.*** A blind African hunter teaches a young man how to see by using his other senses. JF Rodanas

Schaefer, Lola M. 2001. ***Some Kids are Blind***. Simple text and photos describe children who are blind, their challenges and adaptations, and their similarities with others. **J362.41 Schaefer**

Whelan, Gloria. 1991. ***Hannah***. Hannah, a blind girl living in Michigan in the late nineteenth century, doesn't go to school until a new teacher comes to board at their house. **JF Whelan**

Yolen, Jane. 1977. ***Seeing Stick***. Relates how an old man teaches the emperor's blind daughter to see. **JF Yolen**

## **Cancer**

Ackermann, Abigail and Adrienne Ackermann. 2001. ***Our Mom has Cancer*** **Parents J362.196 Ackermann**

Aigner-Clark, Julie. 2010. ***You are the Best Medicine***. A mother who has cancer gently informs her child of what the effects will be, and reminds her little one of all the special times they have shared, and will continue to share, even while she undergoes treatment. **Parents JF Aigner-Clark**

Armstrong, Kristen. 2000. ***Lance Armstrong: the race of his life***. **JB Armstrong**

Blake, Claire. 1997. ***The Paper Chain***. When Mom gets cancer all of the family's routines are disrupted, but with surgery, chemotherapy, radiation and rest, she eventually gets well enough to do the things they did before she got sick. **Parent JF Blake**

Fead, Beverlye Hyman and Tessa Mae Hamermesh. 2009. ***Nana, What's Cancer?*** A conversation between a grandmother who has survived cancer and her concerned granddaughter helps to answer questions about the disease. **Parents J616.99 Fead**

Kohlenberg, S. 1993. ***Sammy's Mommy has Cancer***. The author wrote this book for her young son when she was diagnosed with breast cancer, to help him understand what is happening to her. Written in simple, spare language, this is a comforting guide through a difficult time. Includes a glossary and an index. **Parents J616.994 Kohlenberg**

Krisher, Trudy. 1992. ***Kathy's Hats: a story of hope***. Kathy's love of hats comes in handy when the chemotherapy treatments she receives for her cancer make her hair fall out. **JF Krisher**

Moore-Mallinos, Jennifer. 2008. ***Mom has Cancer!*** Told from a child's point of view, describes the symptoms and treatment of cancer and discusses the effects on the family of a parent with the disease. **J362.196 Moore-Mallinos**

Polacco, Patricia. 2007. ***The Lemonade Club***. When Marilyn and her teacher, Miss Wichelman both get cancer, they encourage each other and, aided by medical treatments and support from friends, they get better. Based on a true story.

Ries, Lori. 2008. ***Punk Wig***. JF Ries

Silver, Alex. 2007. ***Our Dad is Getting Better***. J616.99 Silver

Silver, Alex. 2007. ***Our Mom is Getting Better***. J616.99 Silver

Speltz, Ann. 2002. ***The Year My Mother was Bald***. Clare keeps a journal that describes the medical treatments her mother undergoes for breast cancer, her family's experiences, and her own feelings and concerns. Includes a list of resources. JF Speltz

Tinkham, Kelly A. 2007. ***Hair for Mama***. When Marcus's mother has chemotherapy for her cancer and loses her hair, he tries to find new hair for her to make her well again. JF Tinkham

Winthrop, Elizabeth. 2000. ***Promises***. A young girl experiences a range of emotions when her mother undergoes treatment for cancer. JF Winthrop.

## **Cerebral Palsy**

Gray, Susan H. 2002. ***Living with Cerebral Palsy***. J616.836 Gray.

Heelan, Jamee Riggio. 2000. ***Rolling Along: the story of Taylor and his wheelchair***. Explains how having cerebral palsy affects Taylor and how getting a wheelchair makes a big difference in his life including playing basketball with his twin. J616.836 Heelan

Thompson, Lauren. 2007. ***Ballerina Dreams***. True story of five little girls with cerebral palsy or other physical disabilities who were determined to become ballerinas. J618.92 Thompson

## **Deafness (not including most sign language books and books on Helen Keller)**

Alexander, Sally Hobart. 2008. ***She Touched the World: Laura Bridgman, deaf-blind pioneer***. When she was just two years old, Laura Bridgman lost her sight, her hearing and most of her senses of smell and taste. But then a progressive doctor, who had just opened the country's first school for the blind in Boston, took her in. Laura learned to communicate, read and write – and eventually even to teach. JB Bridgman



- Celenza, Anna Harwell. 2004. *The Heroic Symphony*. After learning that he is going deaf, Beethoven is determined to write a great symphony using the heroic deeds of Napoleon as his initial inspiration. **JJF Celenza**
- Heelan, Jamee Riggio. 2002. *Can You Hear a Rainbow?* The story of a deaf child tells how he uses sign language, hearing aids, and his other senses to communicate, how his friends help him and how he goes to public school with an interpreter. **J362.42 Heelan**
- Hunter, Edith F. 1963. *Child of the Silent Night: story of Laura Bridgman*. Story of a blind and deaf child who was taught by the Perkins Institute to make herself understood. **JB Bridgman**
- Levete, Sarah. 2010. *Explaining Deafness*. Discusses why deafness occurs, how it is diagnosed, how it affects people and how it is treated. **J617.8 Levete**
- McElfresh, Lynn E. 1999. *Can You Feel the Thunder?* Thirteen year old Mic struggles with mixed feelings about his deaf and blind sister while at the same time he makes his way through the turmoils of junior high. **JF McElfresh**
- Miller, Mary Beth. 1991. *Handtalk School*. Words and sign language depict a group of students involved in putting on a Thanksgiving play at a school for deaf children. **J419 Miller**
- Millman, Isaac. 1998. *Moses Goes to a Concert*. Moses and his schoolmates, all deaf, attend a concert where the orchestra's percussionist is also deaf. Includes illustrations in sign language and a page showing the manual alphabet. **JJF Millman**
- Millman, Isaac. 2000. *Moses goes to School*. Moses and his friends enjoy the first day of school at their special school for the deaf and hard of hearing, where they use sign language to talk to each other. **JJF Millman**
- Millman, Isaac. 2003. *Moses goes to the Circus*. Moses, who is deaf, has a good time with his family at the circus, where they communicate using sign language. Includes illustrations of some of the signs they use. **JJF Millman**
- O'Neill, Linda. 2001. *Being Deaf*. Defines deafness and its possible causes and describes how deaf people can communicate through sign language. **J362.42 O'Neill**
- Riggio, Anita. 1997. *Secret Signs: along the underground railroad*. When the barn used for hiding runaway slaves burns to the ground, Luke, who is deaf, finds a unique way to pass along information about the next safe haven. **JJF Riggio**
- Rorby, Ginny. 2006. *Hurt go Happy*. Joey Willis, deaf since the age of six, is used to being left out of conversations because her mother never allowed her to learn sign language.

Everything changes when Joey meets Dr. Charles Mansell and his baby chimpanzee, Sukari, but as Joey's world blooms with possibilities, everything changes again. **JF Rorby**

Schaefer, Lola M. 2008. ***Some Kids are Deaf***. Simple text and photos describe the condition of deafness and some of the everyday activities of children who are deaf. **J362.4 Schaefer**

Seeger, Pete. 2006. ***The Deaf Musicians***. Lee, a jazz pianist, has to leave his band when he begins losing his hearing, but he meets a deaf saxophone player in a sign language class and together they form a snazzy new band. **JJF Schaefer**

Selznick, Brian. 2011. ***Wonderstruck***. Having lost his mother and his hearing in a short time, twelve-year-old Ben leaves his Minnesota home in 1977 to seek the father he never knew in New York City, and meets there Rose, who is also longing for something missing from her life. **JF Selznick**

Stryer, Andrea Stenn. 2006. ***Kami and the Yaks***. In the Himalaya mountains of Nepal, a deaf Sherpa boy proves himself to his father by rescuing his family's yaks from a dangerous storm. **JJF Stryer**

## **Diabetes**

Dominick, Andie. 2000. ***Needles: a memoir of growing up with diabetes***. **JB Dominick**.

Gordon, Melanie Apel. 1999. ***Let's Talk about Diabetes***. A simple introduction to the symptoms of diabetes, its effects on the body, and how it is controlled with diet and insulin. **J616.462 Gordon**

Llewellyn, Claire. 2001. ***Diabetes***. **J616.462 Llewellyn**

Martin, Ann M. 1986. ***The Truth about Stacey***. Stacey, a member of the Baby-Sitters Club, learns to cope with her diabetes and her overprotective parents. **JJF Baby**

Morgan, Melissa J. 2005. ***Alex's Challenge***. During the last weeks of summer camp, eleven year old Alex Kim has trouble hiding a secret from the other girls in bunk 3C while also trying to meet the high standards she sets for herself in sports, relationships, and other activities. **JF Morgan**

O'Neill, Linda. 2001. ***Having Diabetes***. Discusses the causes and effects of diabetes and ways to control the disease. **J616.46 O'Neill**

Pirner, C.W. 1991. ***Even Little Kids Get Diabetes***. A young girl who has had diabetes since she was two years old describes her adjustments to the disease. **J616.462 Pirner**

Silverstein, Alvin. 2002. ***Diabetes***. **J616.462 Silverstein**.

## Down Syndrome

- Girnis, Margaret. 2000. *ABC for You and Me*. Photographs show children with Down Syndrome in activities with objects corresponding to the letters of the alphabet. **JJF Girnis (Toddler)**
- Girnis, Margaret. 2001. *1 2 3 for You and Me*. Photographs show children with Down Syndrome in activities with objects corresponding to number one through twenty. **JJF Girnis (Toddler)**
- Gordon, Melanie Apel. 1999. *Let's Talk About Down Syndrome*. Describes what causes of Down Syndrome and how it affects those children who have it, stressing how they can be helped to lead happy lives. **J616.858 Gordon**
- Rheingrover, J. S. 1996. *Veronica's First Year*. Learning that your child has Down Syndrome can be very difficult for a family, especially siblings, who wonder why people are distressed about an event that was anticipated with joy. This easy to read book can help families grow together as they deepen their understanding of themselves and each other. **JJF Rheingrover**
- Rickert, J.E. 2000. *Russ and the Firehouse*. This story follows Russ – a five year old boy with Down Syndrome – as he visits his uncle's firehouse and gets to help with daily chores. **JJF Rickert**
- Royston, Angela. 2010. *Explaining Down Syndrome*. Discusses why down syndrome occurs, how it is diagnosed, how it affects people, and how it is treated. **J618.92 Royston**
- Stuve-Bodeen, S. 1998. *We'll Paint the Octopus Red*. As six-year-old Emma anticipates the birth of her new baby brother, she imagines all of the things they can do together. She can't wait to be a big sister. When baby Isaac is born her dad tells Emma that he had Down syndrome. Emma wonders now if Isaac will be able to go on all of the adventures Emma had planned, and her dad reassures her that there isn't anything her baby brother can't do with a little help and patience. The beautiful color illustrations help make this book a wonderful, reassuring book for siblings of children with Down syndrome and their families. **JJF Stuve-Bodeen**
- Testa, M. 1994. *Thumbs up, Rico!* In three separate stories, a boy with Down syndrome makes a new friend, helps his sister with a difficult decision, and finally draws a picture he likes.

## Dyslexia

Betancourt, J. 1993. *My Name is "Brain" Brian*. Although he is helped by his new sixth-grade teacher after being diagnosed as dyslexic, Brian still has some problems with school and with people he thought were his friends. **JF Betancourt**

Carris, J. 1990. *Aunt Morbelia and the Screaming Skulls*. The peaceful life of a boy with dyslexia is interrupted when his great-aunt, who has a morbid fascination with ghosts and death omens, moves in. **JF Carris**

Landau, E. 1991. *Dyslexia*. This book discusses the positive aspects of overcoming the barriers of dyslexia. **J616.8553 Landau**

## Learning Disabilities

Dwyer, K. 1991. *What Do You Mean I Have a Learning Disability*. Describes learning disabilities and what can be done to overcome them. **J371.9 Dwyer**

DeClements, B. 1985. *Sixth Grade Can Really Kill You*. Helen fears that lack of improvement in her reading may leave her stuck in the sixth grade forever, until a good teacher recognizes her reading problem. **JF DeClements**

Emmons, Polly Goodwin. 2005. *Understanding Sensory Dysfunction: learning development, and sensory dysfunction in autism and spectrum disorders, ADHD, learning disabilities and bipolar disorder*. Parents **J618.92 Emmons**.

Fisher, G. 1990. *The Survival Guide for Kids with L.D.: Learning Differences*. A Handbook for kids with learning disabilities. Discusses different types of disorders, programs at school, coping with negative feelings, and making friends. Includes a section for parents and teachers. **Parents J371.9 Fisher**

Flynn, Margaret. 1999. *Having a Learning Disability*. Describes what it is like to have a learning disability and how different people handle the challenges these difficulties present. **J371.9 Flynn**

Gilson, J. 1980. *Do Bananas Chew Gum?* Able to read and write at only a second grade level, sixth grader Sam Mott considers himself dumb until he is prompted to cooperate with those who think something can be done about his problem. **JF Gilson**

Rosen, Peter, 2004. *How difficult can this be? Understanding learning disabilities: frustration, anxiety, tension, the F.A.T. City Workshop.(DVD)* A group experiences life the way a

learning disabled student does and learns methods of teaching and helping such students. **Parents J371.9 How**

Lauren, J. 1997. ***Succeeding with LD : 20 true stories about real people with LD.*** This book inspires confidence, awareness, resiliency, and self-esteem through the stories of 26 people with LD. This book also includes basic information and resources for students, parents and teachers.

Marianne Frostig Center on Educational Therapy. 2009. ***The Six Success Factors for Children with Learning Disabilities: ready-to-use activities to help kids with LD succeed in school and in life.*** 371.9 Six (adult collection)

Silver, Larry B. 2006. ***The Misunderstood Child: understanding and coping with your child's learning disabilities.*** Parents J618.92 Silver.

## **Mental Disabilities**

Byars, Betsy. 2004. ***Summer of the Swans.*** A teen-age girl gains new insight into herself and her family when her mentally handicapped brother gets lost. **JF Byars**

Gifaldi, D. 1991. ***Ben, King of the River.*** Chad experiences a range of emotions when he goes camping with his parents and his five year old mentally disabled brother Ben who has many developmental problems. **JF Gifaldi**

Shriver, Maria. 2001. ***What's Wrong with Timmy?*** Making friends with a mentally retarded boy helps Kate learn that the two of them have a lot in common. **JF Shriver**

## **Muscular Dystrophy**

Osofsky, A. 1992. ***My Buddy.*** A young boy with muscular dystrophy tells how he is teamed up with a dog trained to do things for him that he can't do for himself. **JF Osofsky**

Stepanek, Mattie J. T. 2001. ***Journey Through Heartsongs.*** Mattie J.T. Stepanek takes us on a *Journey Through Heartsongs* with his moving poems. These poems share the rare wisdom that Mattie has acquired through his struggle with a rare form of muscular dystrophy and the death of his three siblings from the same disease. His life view is one of love and generosity and as a poet and a peacemaker, his desire is to bring his message of peace to as many people as possible. **J811.6 Stepanek**

## Physical Disabilities

Albee, Sarah. 2002. ***Just Like You***. Elmo can't stop staring at his new classmate, Lizzie, because she's in a wheelchair. But Elmo finds out that except for her disability, the two of them have more in common than not. As Elmo and his classmates come to know Lizzie, they learn that people with disabilities can live full lives and have skills and strengths that are just like their own. **JJF Sesame**

Appel, Melanie Ann. 2002. ***Let's Talk about Being in a Wheelchair***. This book explains reasons that people must use wheelchairs and shows how wheelchairs help people travel to their jobs and participate in sports. **J617 Appel**

Carlson, N. 1990. ***Arnie and the New Kid***. Arnie the cat teases Philip the dog, who is a new kid at school and uses a wheelchair. When Arnie is injured he begins to understand what Philip's life is like, and soon the two are friends. **JJF Carlson**

Elliott, Rebecca. 2010. ***Just Because***. A younger brother describes all the fun he has with the big sister he loves so much. Only as his tale unfolds does the reader begin to realize that his sister has special needs and by then the reader accepts, just as he does, all the wonderful things about her. **JJF Elliott**

Laird, Elizabeth. 2006. ***Jungle School***. New at school, Jani shows her monkey classmates all the ways that her wheelchair makes her special. **JER-3 Laird**

Munsch, Robert N. 2003. ***Zoom!*** When Laretta tries out a 92 speed, silver and gold, dirt-bike wheelchair, she gets a speeding ticket but also helps out her brother. **JJF Munsch**

O'Neill, Linda, 2001. ***Being Paralyzed***. **J362.43 O'Neill**

Powell, Jillian. 1992. ***Disability***. Discusses disabilities, who has them, the physical and social challenges faced by disabled people, how they can work and play and what kinds of help are available, with an emphasis on physical disabilities. **J362.4 Powell**

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