

Book Arts Programs

Sip & Create

with Noah Steinman

Looking for a fun night out? Join us for a feel-good mixed media workshop, complete with wine & cheese, soft drinks, artmaking, and great company! Choose from a variety of materials, let your imaginations run wild, and create whatever you'd like. Materials provided (\$10 fee for materials collected at the door). This program is part of the Library's Maker-in-Residence initiative, made possible thanks to the Wadsworth Russell Lewis Fund.

Friday, April 5, 7 PM

Please register at ridgefieldlibrary.org

Health & Wellness

A Frank Discussion of Body Image, Eating Disorders, and Healthy Diet

with Rena Bruckman, MS, RD-N, Debbie Chrabolowski, LPCS, Arianna Pina, and Marcie Schneider, MD

Topics to be covered include understanding eating disorders and body dysmorphia, fostering a healthy relationship with food in your home, identifying a concern and seeking treatment, and paving the road to recovery. This program is made possible by the Girl Scout Gold Award project of Abby Morris. This program is part of the *Parenting the #Selfie Generation series*, a community-wide collaboration.

Wednesday, April 10, 7 PM

Please register at ridgefieldlibrary.org

Freed Formats: Book Artists Talk About Their Work

with Mary Ting and Jean Tock

Book Arts are works of art that utilize the form of a book or refer to the book format in many creative ways. Two book artists will talk about their individual work and then open up the program for Q and A. These two artists have been selected from a large group of book artists (over 50 artists) exhibiting their book art (over 130 artworks) in an exhibition titled *Freed Books: The Book Reconsidered*, which is curated by Chris Perry and Alice Walsh. The exhibition will be on view at the Ridgefield Guild of Artists and the Mark Twain Library from March 30 to April 28, as well as at other locations in CT and New York.

Sunday, April 7, 2 PM

Please register at ridgefieldlibrary.org

Update on Tick-Borne Illnesses

with Dr. Charles Bizilj

Dr. Bizilj will discuss the fundamentals of Lyme Disease and related co-infections. He will review common, and not so common, symptoms. He will provide an update on the complexities of testing, and will address the obstacles that must be overcome to achieve favorable outcomes.

Dr. Charles Bizilj has practiced emergency medicine for over 30 years. During that time he has developed a keen interest and expertise in the management of tick-borne illness. He now has a fully resourced and dedicated Lyme clinic in Ashford, CT. This program is co-sponsored by the Library, Appalachian Mountain Club, and Lyme Connection.



Tuesday, April 16, 6 PM

Please register at ridgefieldlibrary.org

Film Screening: Codex

with Chris Perry and Alice Walsh

In *Codex* the filmmaker Micah Bloom documents the fate of books damaged by a massive flood of the Souris River in Minot, ND. This investigation into the nature and transformation of the book over time and through these damaging elements chronicles a time in human history when "we are oversaturated with digital (mis)information" and offers "a creative meditation on the materiality of the book, as a unique format of organizing knowledge,"—James Romaine, professor of art history, Lander University. This program is part of the *Freed Formats: The Book Reconsidered* series. Co-curators Chris Perry and Alice Walsh will introduce the film and field questions afterward from the audience.

Thursday, April 11, 7 PM

Please register at ridgefieldlibrary.org

Chair Yoga

In this Chair Yoga session, you will be guided through a relaxing and recharging yoga class that is suitable for everyone and all abilities. Sessions take place on the 1st and 3rd Wednesdays of the month.

Wednesday, April 3 & 17, 1 PM

Please register at ridgefieldlibrary.org

Mindfulness & Meditation

with the Community Mindfulness Project

Join us for a series of one-hour meditation classes led by CMP, a local, secular meditation group.



Monday, April 8 & 22, 6:30 PM

Please register at ridgefieldlibrary.org

Local History

The 1777 Danbury Raid and the Battle of Ridgefield

with Edward Hynes

Join **Edward Hynes** for this fascinating presentation that begins on April 25, 1777, when the British land at Compo Beach, march through Redding to Danbury, and return to the shore through Ridgefield and Wilton. Learn about the roles key historical figures played in the Raid and Battle, including Brigadier General Benedict Arnold, Major General David Wooster, and Brigadier General Gold Selleck Silliman.

Get all of the specifics about the main encounters that took place in Danbury and Ridgefield. This program is co-sponsored by the Ridgefield Historical Society.

Saturday, April 27, 11 AM

Please register at ridgefieldlibrary.org

Financial

The Art of Retirement: A 3-Part Series with Chamber of Commerce Advisory Council

The Advisory Council of the Ridgefield Chamber of Commerce is presenting a three-night series on the many elements of retirement. Whether you are ready to retire or thirty years from retiring, this series is designed to educate and inform you.

Tuesday, April 23, 30 and May 7, 6:30 PM

Please register at ridgefieldlibrary.org

Foreign Language & Culture *Caffe Italiano: Italian Conversation*

Drop in on an Italian conversation group looking to practice the language while meeting new people. All levels welcome,

Saturday, April 6, 12 PM

Please register at ridgefieldlibrary.org

Thrown Stone's "Close to Home" Series

Thrown Stone will present a series of community events around the theme *Close to Home*, building toward their third season, which features the Connecticut Premiere of *Cry It Out* by Molly Smith Metzler and the East Coast Premiere of *Birds of North America* by Anna Moench.

Saving Some of You for You: Passion Projects for All-In Parents

Join us as these experts discuss how creative pursuits not only give us more life satisfaction—they actually boost our parenting skills. Panelists are: **Megan Searfoss**, founder of Run Like a Mother and mother of three; **Tim Washer**, comedy writer and single dad; **Bonnie Johnson Pope**, marathoner and mother of four; and **Barbara Jennes**, educator, poet, and mother. Moderated by **Gina Pulice**, Thrown Stone Artistic Associate, clinical social worker, and mother of three.

Wednesday, April 24, 7 PM

Please register at ridgefieldlibrary.org

Cheepers & Peepers:

Birding and Vernal Pool Walks

@ Woodcock Nature Center

Celebrate Earth Day with these community outings at Woodcock Nature Center on **April 27th**:

8:30-10 am Cheepers birding hike with Dr. Benjamin Oko
10:00-11am Coffee and hot chocolate under the Pavilion
10:30-12pm Peepers Vernal pool hike with Sarah Breznen

Saturday, April 27, 8:30 AM & 10:30 AM

Please register at woodcocknaturecenter.org

Poetry

Intergenerational Poetry Reading and Performance

To celebrate National Poetry Month, poetry lovers from the Library's various poetry programs taking place over the spring will read and perform from their own work and work by other poets. **Readers include participants in:**

- *Shifting Static* teen poetry group led by Barb Jennes
- *Poetry Project* writing workshop series led by Pam Hart
- *Poetry by Heart* class led by Andrew Levine
- *Poetry Discussion Group* led by Dr. Alan Holder

Join us to enjoy this evening celebration of the written and spoken word! Refreshments will be served.

Thursday, April 25, 7 PM

Please register at ridgefieldlibrary.org

ARTalk

Award-Winning Landscape Architecture with Robert Golde

Robert Golde, Principal, Towers | Golde will discuss his 30-year-plus career as a licensed landscape architect during which he amassed an unusually varied and international portfolio from park planning in Shenzhen, China to corporate headquarters in suburban New York, and from roof-top healing gardens at urban medical centers to master planning and implementation projects on academic campuses.

Sunday, April 28, 2 PM

Please register at ridgefieldlibrary.org

Library Book Groups - New Readers Welcome!

NONFICTIONEERS

Tuesday, April 2
7:00 PM

Elon Musk – Tesla, Space X, and the Quest for a Fantastic Future

by Ashlee Vance

“A compelling firsthand, behind-the-scenes look at how Tesla, SpaceX, and SolarCity were formed, and how Elon works to bring his passions to fruition. He is a unique character changing the world, and Ashlee Vance’s book is a riveting account of how Elon’s game-changing ideas have been conceived and born, and now flourish.”—J. Craig, Ph.D.

MURDER BY THE BOOK

Thursday, April 4
10:30 AM

Bluebird, Bluebird
by Attica Locke

A "heartbreakingly resonant" thriller about the explosive intersection of love, race, and justice from a writer and producer of the Emmy-winning Fox TV show *Empire*. (USA Today)

- Winner of the 2018 Edgar Award for Best Novel



BOOKS & BREAKFAST

Monday, April 8
10:30 AM



Join us for an informal book chat led by Dorothy Pawlowski.

FOUNDERS HALL BOOK DISCUSSION

Thursday, April 11
3:00 PM

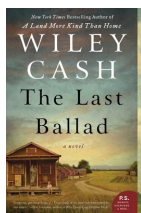
Pride and Prejudice
by Jane Austen

CRITICS' CIRCLE BOOK GROUP

Tuesday, April 16
7:00 PM

The Last Ballad
by Wiley Cash

Set in the Appalachian foothills of North Carolina in 1929 and inspired by actual events, this novel chronicles an ordinary woman’s struggle for dignity and rights in a textile mill. *The Last Ballad* is a moving tale of courage in the face of oppression and injustice.



FOOD FOR THOUGHT: A CULINARY BOOK DISCUSSION

Monday, April 22
2:00 PM

97 Orchard: An Edible History of Five Immigrant Families in One New York Tenement

by Jane Ziegelman

A richly detailed investigation of the lives and culinary habits—shopping, cooking, and eating—of five families of various ethnicities living at the turn of the twentieth century in one tenement on the Lower East Side of Manhattan.

A.M. BOOK GROUP

Wednesday, April 24
10:00 AM

Death Comes for the Archbishop by Willa Cather

In 1851, Father Latour is named vicar of New Mexico. What he finds is a vast territory of red hills and tortuous arroyos, American by law but Mexican and Indian in custom and belief. In the 40 years that follow, Latour spreads his faith in the only way he knows – gently, all the while contending with an unforgiving landscape, derelict priests, and his own loneliness.

POETRY DISCUSSION GROUP

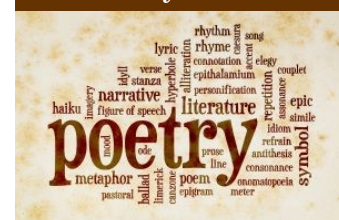
Friday, April 26

The Collected Poems of Sylvia Plath

1:00 PM

Dr. Alan Holder, retired English professor, will lead a discussion about the poems of Sylvia Plath. Books will be available at the Circulation Desk two weeks prior to the meeting thanks to the Friends of the Library.

April Is National Poetry Month



LIVE IN HD @ RIDGEFIELD PLAYHOUSE

Metropolitan Opera, National Theatre of London, and the Bolshoi Ballet on the big screen! Ridgefield Library cardholders now receive the Playhouse membership rate of \$20 for these events. For a full listing, visit ridgefieldplayhouse.org.

Tech Topics

Introduction to Tinkercad with Chris Iorillo
Tuesday, April 9 @ 6:00–7:30 PM - [Register](#)

Help! Downloading the Library’s eBooks and eAudio-books—Bring Your Own Device

Wednesday, April 10 @ 12:30—1:30 PM - Drop-in

Thursday, April 25 @ 1:00—2:00 PM - Drop-in

3D Printing Orientation We are now offering use of our 3D printer to Ridgefield Library cardholders. Those who are under age 18 must come with an adult.

Saturday, April 13 @ 10:00—11:30 AM - [Register](#)

Tuesday, April 16 @ 6:00—7:30 PM - [Register](#)

Saturday, April 27 @ 10:00—11:30 AM - [Register](#)

iPhone Photos and Camera for seniors with Dawn DeCosta
Wednesday, April 17 @ 11:00 AM—12:00 PM - [Register](#)



Learning a Language with Pronunciator
Thursday, April 18 @ 2:00—3:00 PM - [Register](#)

Intro to iPhone for seniors with Dawn Decosta
Wednesday, April 24 @ 11:00 AM—12:00 PM - [Register](#)

A Taste of GIMP for Image Editing
Tuesday, April 30 @ 6:00—7:30 PM - [Register](#)

Convert Your VHS Videos to DVD - Check ridgefieldlibrary.org for details and available timeslots.

Featured Events Calendar - April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>Exhibition: <i>Color in All Seasons: Watercolor Paintings</i> by Mary Jane Magoon</p> <p>On Show: Tuesday, April 2 Through Sunday, May 5</p> <p>Reception: Saturday, April 6 2:00 to 4:00 PM The Gallery on the Lower Level</p> 		<p>2 Parent Circles: <i>5th Grade (6)</i> 10:30 AM Making STEAM: <i>Make a Kentucky Derby Hat</i> 1 PM Skillsbox: <i>Simple Steps</i> 6 PM Nonfictioners: <i>Elon Musk</i> by Ashlee Vance 7 PM</p>	<p>3 Health: <i>Chair Yoga</i> 1 PM Parent Circles: 8th Grade (1) 1 PM Next Chapter Book Club: 6:30 PM</p>	<p>4 Murder by the Book: <i>Bluebird, Bluebird</i> by Attica Locke 10:30 AM Poetry Workshop: <i>Turning An Obsession into a Book</i> 6 PM</p>	<p>5 Maker-in-Residence: <i>Sip & Create</i> with Noah Steinman 7 PM</p>	<p>6 Workshop: <i>Poetry by Heart</i> 10 AM Italian Conversation: <i>Caffe Italiano</i> 12 PM Artist's reception: <i>Color in All Season</i> by Mary Jane Magoon 2—4 PM</p>	
<p>7 ARTalk: <i>Freed Formats: Book Artists Talk About Their Work</i> with Mary Ting and Jean Tock 2 PM</p>	<p>8 Discussion: <i>Books & Breakfast</i> 10:30 AM Health: <i>Mindfulness and Meditation</i> 6:30 PM Parent Circles: <i>8th Grade (2)</i> 7:30 PM @ Town Hall Annex</p>	<p>9 Parent Circles: <i>5th Grade (6)</i> 10:30 AM Tech Topics: <i>Introduction to Tinkercad</i> with Chris Iorillo</p>	<p>10 Panel Discussion: <i>A Frank Discussion of Body Image, Eating Disorders, and Healthy Diet</i> 7 PM Tech Topics: <i>Downloading eBooks/eAudio</i> 12:30 PM</p>	<p>11 Founders Hall: <i>Pride and Prejudice</i> by Jane Austen 3 PM Poetry Workshop: <i>Turning An Obsession into a Book</i> 6 PM Film Screening: <i>Codex</i> 7 PM</p>	<p>12</p>	<p>13 Field Trip: <i>Shutterbugs Photography Group</i> 9 AM Tech Topics: <i>3D Printing Orientation</i> 10 AM</p>	
<p>14</p>	<p>15</p>	<p>16 Presentation: <i>Update on Tick Borne Illnesses</i> with Dr. Bizilj 6 PM Critics' Circle Book Group: <i>The Last Ballad</i> by Wiley Cash 7 PM</p>	<p>17 Tech Tricks: <i>iPhone Photos and Camera</i> 11 AM Health: <i>Chair Yoga</i> 1 PM</p>	<p>18 Tech Topics: <i>Learning a Language with Pronunciator</i> 2 PM</p>	<p>19</p>	<p>20 Workshop: <i>Poetry by Heart</i> 10 AM Write In: <i>Fairfield County Writers Group</i> 1—4 PM</p>	
<p>21</p>	<p>22 Food for Thought: <i>97 Orchard: An Edible History of Five Immigrant Families in One New York Tenement</i> by Jane Ziegelman 2 PM Health: <i>Mindfulness and Meditation</i> 6:30 PM</p>	<p>23 Parent Circles: <i>8th Grade (3)</i> 10:30 AM Making STEAM: <i>Make a Kentucky Derby Hat</i> 1 PM The Art of Retirement: <i>Part 1</i> 6:30 PM</p>	<p>24 A.M. Book Group: <i>Death Comes for the Archbishop</i> by Willa Cather 10 AM Tech Tricks: <i>Introduction to iPhone</i> 11 AM Panel: <i>Saving Some of You for You</i> 7 PM</p>	<p>25 Parent Circles: <i>8th Grade (3)</i> 10:30 AM Poetry Celebration: <i>Intergenerational Performance and Reading</i> 7 PM Tech Topics: <i>Downloading eBooks</i> 1 PM</p>	<p>26 Poetry Discussion Group: <i>Collected Poems of Sylvia Plath</i> with Dr. Alan Holder 1 PM</p>	<p>27 Tech Topics: <i>3D Printing Orientation</i> 10 AM Presentation: <i>The 1777 Danbury Raid and the Battle of Ridgefield</i> with Edward Hynes 11 AM</p>	
<p>28 ARTalk: <i>Award-Winning Landscape Architecture</i> with Principal, Robert Golde 2 PM</p>	<p>29</p>	<p>30 Tech Topics: <i>GIMP</i> 6 PM The Art of Retirement: <i>Part 2</i> 6:30 PM</p>	<p style="text-align: center;">MAKING STEAM  © ridgefield library</p>			<p>Make a Bookmark: Come use the smart cutting machine Friday, April 5 @ 1:00—3:00 PM - Register Saturday, April 13 @ 2:00—4:00 PM - Register Saturday, April 27 @ 2:00—4:00 PM - Register</p> <p>Make a Kentucky Derby Hat with Pat Corrigan Tuesday, April 2 @ 1:00—4:00 PM - Register Tuesday, April 23 @ 1:00 PM—4:00 PM - Register</p>	