

Noreen L. Papa—Mothers: Live Your Life Series

Panel: Navigating the Health Care System at Any Age

Do you know the questions to ask to get the health care you need? Do you have the skills and knowledge to advocate for yourself or a loved one? Join us for a panel discussion about the health care system in America today and gain insight from a panel of professionals in the medical field.

Panelists are Vassar alumni **Lisa Caramico, MD; David Fried, MD; Jessica Fried, MD; and David Kotler, PA.**



Saturday, March 2, 3 PM

Please register at ridgefieldlibrary.org

Preventing Sports Injuries with Strength Training with Dr. Karen Sutton



Dr. Sutton is a board-certified sports medicine surgeon with surgical expertise in arthroscopy of the shoulder, knee, and hip. She is an Associate Attending Orthopedic Surgeon at Hospital for Special Surgery and Head Team Physician for United States Women's Lacrosse. A national authority on sports injuries and prevention, Dr. Sutton has worked with various news outlets such as NBC Universal, ESPN-W, WFAN radio, WTNH, WYBC, and News 12 Connecticut.

Monday, March 18, 7 PM

Please register at ridgefieldlibrary.org

Women's History Month

Deborah Sampson: A Revolution of Her Own with Judith Kalora

Keeler Tavern Museum & History Center and the Ridgefield Library will jointly be offering a reenactment of *Deborah Sampson, a Revolution of Her Own*, in celebration of Women's History Month. **The program will take place at the Keeler Tavern Museum's Garden House.**

Deborah Sampson was the first woman to fight in and be honorably discharged from the American military. This reenactment captivates audiences in an immersive, living-history program, chronicling her life. As a self-educated, masterless woman, she felt a higher calling and in the final years of the American Revolution, bound her chest, tied back her hair, and enlisted in the 4th Massachusetts Regiment of the Continental Army as Robert Shurtlieff.

Sunday, March 24, 3 PM

Please register at keelertavernmuseum.org

Environmental

A C-Change Primer with Ridgefield Garden Club

Please join the Ridgefield Garden Club for its annual Conservation meeting. The Club will be hosting "C-Change Conversations"—an organization that uses visual data to facilitate conversations on climate change. Since their beginning in Princeton in 2016, C-Change has held over 300 presentations in dozens of states that have focused on the interplay between science, economics, and policy as it relates to climate change. The science of the presentation is informed by the Yale Program on Climate Change Communications. This is an opportunity to be part of an informed discussion on the future risks of change to our planet.

This program is co-sponsored with Ridgefield Garden Club and the Library and the public is invited to attend.

Tuesday, March 26, 10 AM

Please register at ridgefieldlibrary.org

Remarkable Women and Their Amazing Accomplishments

 with Toni McKeen

Our world has felt the results of women who took a different path, looked at things differently, and who wanted to change the world around them. Outstanding women in politics, the sciences, the arts, and society left their positive mark on our world. Come join us for an afternoon filled with interesting stories about some of these remarkable women. Ms. McKeen teaches a variety of classes at Founders Hall and around the tri-state region. This program is co-sponsored by the League of Women Voters of Ridgefield and the Library.

Saturday, March 9, 2 PM

Please register at ridgefieldlibrary.org

Meet Your Legislators

with State Representatives John Frey and Ken Gucker and State Senator Will Haskell

What's happening at the Connecticut State Capitol? Where do your legislators stand on the issues that are important to you? Our legislators will provide interesting insight into the current legislative session and discuss the bills before the current session that are of particular interest to the League and their constituents. A question and answer period will follow. Sponsored by the League of Women Voters of Ridgefield and the Library.

Saturday, March 30, 10:30 AM

Please register at ridgefieldlibrary.org

Financial

What You Should Know About Selling Your Home and Estate Planning

This free, interactive seminar will offer insights from Ridgefield real estate agent **Karla Murtaugh** as she discusses her take on the market for 2019. Offering expert advice, she will help participants understand how to prepare their home for sale and gain a competitive edge in a shifting market. **Joe Chelednik** of Fairfield County Bank will be on hand to discuss managing the equity built in your home and financing options for retired—or soon to retire—borrowers, while attorneys **William Harrison** and **Tamsin Shoults** of Reese, Hirsch, Shoults & Harrison will discuss important issues surrounding real estate transactions and estate planning.

Saturday, March 2, 12 PM

Please register at ridgefieldlibrary.org

Skillsbox

The Skillsbox: Tools for Business Success series is sponsored by Ridgefield Library, Ridgefield Chamber of Commerce, RECDC, and SCORE with support from Fairfield County Bank and media sponsor 98Q.

Simple Steps for Starting Your Business



Want to start a business but don't know where to begin? This 6-part workshop, conducted by a team of professionals from SCORE's Norwalk and Western CT Chapters, will give you the boost to get you on your way!

By registering for the first class on February 26 you will automatically be registered for all six sessions. Check-in is at 5:45 PM. Snacks will be served.

Six Tuesdays From Feb. 26 to April 2, 6 PM

Please register at ridgefieldlibrary.org

Discussion & Performance

Book Discussion

Pride and Prejudice by Jane Austen



The Ridgefield Library and ACT of Connecticut will present two book discussions on Jane Austen's *Pride and Prejudice*. There will also be the chance for people to attend ACT of CT's Austen's Pride production that runs from March 28 to April 14. The first discussion, for teens and adults, will take place at the Library on March 21 at 6:30 PM. The second takes

place at Founders Hall on Thursday, April 11 at 3 PM. In conjunction with the discussion at Founders Hall, there will be the opportunity for the discussion group to attend ACT's production of *Austen's Pride* on Saturday, April 13 at 2 PM.

Thursday, March 21, 6:30 PM

Please register at ridgefieldlibrary.org

Foreign Language & Culture

Caffe Italiano: Italian Conversation

Drop in on an Italian conversation group looking to practice the language while meeting new people. All levels welcome, with the goal to speak Italian the whole time. You are welcome to bring a closed cup of coffee/tea to sip while conversing in Italian. First Saturday of the month.

Saturday, March 2, 12 PM

Please register at ridgefieldlibrary.org

Italian Film: I Am Love

Come join us on the third Wednesday of the month to watch an Italian movie (with English subtitles). A discussion will follow for those looking to stay and practice their Italian (or even just to listen). All levels of Italian conversation welcome!

Wednesday, March 20, 4 PM

Please register at ridgefieldlibrary.org

ARTalk

Drawing Workshop

with Claire Watson Garcia



Adults and teens interested in learning how to draw are invited to join in for a fun and instructive drawing workshop with the author of the celebrated book *Drawing for the Absolute and Utter Beginner*. Claire will share the proven techniques in her book to help participants get started drawing with confidence. A \$5 fee will be collected at the door to cover art materials. Books will be available for sale and signing at the event.

Sunday, March 10, 2 PM

Please register at ridgefieldlibrary.org

Poetry Workshop

Turning an Obsession into A Book

with Pamela Hart



Join us for a five-part workshop led by Pamela Hart. Classes take place on Thursday evenings: 3/7, 3/14, 3/21, 4/4 and 4/11 from 6:00-7:30 PM. The project book speaks to the writer's need to look widely and deeply into a concern, or constraint; a form or question or collection—in short, into what obsesses us. Bring an obsession/passion/idea/question/word/image and discover your project. This writing workshop is sponsored by the Friends of the Library.

5 Weeks Starting Thursday, March 7, 6 PM

Please register at ridgefieldlibrary.org

Library Book Groups - New Readers Welcome!

NONFICTIONEERS

Tuesday, March 5
7:00 PM

Hello Girls: America's First Women Soldiers
by Elizabeth Cobb

This is the story of how America's first women soldiers helped win World War I, earned the vote, and fought in the U.S. Army. In 1918, the U.S. Army Signal Corps sent 223 women to France. They were masters of the latest technology: the telephone switchboard. Elizabeth Cobbs reveals the challenges they faced in a war zone where male soldiers welcomed, resented, wooed, mocked, saluted, and ultimately celebrated them.

MURDER BY THE BOOK

Thursday, March 7

10:30 AM

If Ever I Return, Pretty Peggy-O
by Sharyn McCrumb

The first in a loosely connected series of novels, many starring small town Tennessee sheriff Spencer Arrowood, that use American history and Appalachian folklore as a backdrop to solving past and present crimes.

BOOKS & BREAKFAST

Monday, March 11
10:30 AM



Join us for an informal book chat led by Dorothy Pawlowski.

FOUNDERS HALL BOOK DISCUSSION

Thursday, March 14
3:00 PM

Killers of the Flower Moon
by David Grann

CRITICS' CIRCLE BOOK GROUP

Tuesday, March 19
7:00 PM

The Edwardians
by Vita Sackville-West

Handsome and moody, 19-year-old Sebastian is heir to a vast country estate. He holds a deep sense of tradition while loathing the cold, extravagant society of which he is a part. At 16, his sister Viola is more independent: a beauty who scorns every part of her inheritance. A portrait of fashionable society at the height of the era, *The Edwardians* reveals all that was glamorous about the

period and all that led to its downfall. It was Vita Sackville-West's most successful book and an instant bestseller.

FOOD FOR THOUGHT: A CULINARY BOOK DISCUSSION

Monday, March 25
2:00 PM

The Food Explorer: The True Adventures of the Globe-Trotting Botanist Who Transformed What America Eats
by Daniel Stone

The true adventures of David Fairchild, a late-nineteenth-century food explorer who traveled the globe and introduced diverse crops like avocados, mangoes, and seedless grapes to the American plate.

POETRY DISCUSSION GROUP

Friday, March 29
1:00 PM

Dr. Alan Holder, retired English professor, will lead a discussion about the poems of John Berryman. Copies of the poems are available at the Circulation Desk.

This program is made possible thanks to the Friends of the Library.

A.M. BOOK GROUP

Wednesday, March 27

10:00 AM

Their Eyes Were Watching God
by Zora Neale Hurston



An enduring Southern love story sparkling with wit, beauty, and heartfelt wisdom, *Their*

Eyes Were Watching God is the story of fair-skinned, fiercely independent Janie Crawford and her evolving selfhood through three marriages and a life marked by poverty, trials, and purpose. Perhaps the most widely read novel in the canon of African American literature.

LIVE IN HD @ RIDGEFIELD PLAYHOUSE

Metropolitan Opera, National Theatre of London, and the Bolshoi Ballet on the big screen! Ridgefield Library cardholders now receive the Playhouse membership rate of \$20 for these events. For a full listing, visit ridgefieldplayhouse.org.

Tech Topics

Intro to iPhone for seniors with Dawn DeCosta
Wednesday, March 13 @ 11 AM-12PM - [Register](#)

LinkedIn with Kate Fitzpatrick
Thursday, March 14 @ 6 PM-7 PM - [Register](#)

Instagram with Kate Fitzpatrick
Friday, March 22 @ 10 AM-11 AM - [Register](#)

3D Printing Orientation We are now offering use of our 3D printer to Ridgefield Library cardholders. Those who are under age 18 must come with an adult.

Friday, March 22 @ 2:30-4:00 PM - [Register](#)
Saturday, March 30 @ 10:00 AM-11:30 AM - [Register](#)

Convert Your VHS Videos to DVD - Check ridgefieldlibrary.org for details and available timeslots.

Adult Maker Group: Hands-on with Arduinos and Sparkfun Thing
Wednesday, March 27 @ 6:30-8:00 PM - [Register](#)

Tech Savvy, Not Tech Sorry for seniors with Dawn Decosta
Wednesday, March 27 @ 11 AM-12 PM - [Register](#)

Make a Bookmark with Cricut: Come use the Library's smart cutting machine.

Friday, March 8 @ 1:00-2:30 PM - [Register](#)
Saturday, March 16 @ 10:00 AM-11:30 AM - [Register](#)
Friday, March 22 @ 12:00 PM-1:30 PM - [Register](#)

Recycled Felted Wool Workshop with Pat Corrigan
Tuesday, March 12 @ 1 PM-4 PM - [Register](#)
Tuesday, March 26 @ 1 PM-4 PM - [Register](#)

MAKING
STEAM
@ ridgefield library

Featured Events Calendar - March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Exhibition: <i>Flowers as Symbols:</i> Paintings by Ellen Ross March 2 Through March 28 Reception: Saturday, March 9, 2-4 PM The Gallery on the Lower Level			1	2 Workshop: <i>Poetry by Heart</i> 10 AM Panel: Selling <i>Your Home</i> 12 PM Italian Conversation: <i>Caffe Italiano</i> 12 PM Panel: <i>Health Care</i> <i>System</i> 3 PM
		3	4	5 Skillsbox: <i>Simple Steps for</i> <i>Starting Your</i> <i>Own Business</i> 6 PM Nonfictioneers: <i>Hello Girls: Amer-</i> <i>ica's First Women</i> <i>Soldiers</i> by Elizabeth Cobb 7 PM	6 Health: Chair Yoga 1 PM Parent Circles: 5th <i>Grade (5)</i> 1 PM Next Chapter Book Club: 6:30 PM	7 Murder by the Book: If Ever I <i>Return, Pretty</i> <i>Peggy-O</i> by Sharyn McCrumb 10:30 AM Poetry Workshop: An <i>Obsession into a</i> <i>Book</i> 6 PM
10 ARTalk: <i>Drawing for the</i> <i>Absolute and</i> <i>Utter Beginner</i> workshop with Claire Watson Garcia \$5 at door 2 PM	11 Discussion: <i>Books &</i> <i>Breakfast</i> 10:30 AM Health: <i>Mindfulness and</i> <i>Meditation</i> 6:30 PM	12 Making STEAM: <i>Hold Everything!</i> <i>in Recycled Felted</i> <i>Wool</i> 1 PM Skillsbox: <i>Simple Steps for</i> <i>Starting Your</i> <i>Own Business</i> 6 PM	13 Tech Tricks: <i>Introduction to</i> <i>iPhone</i> 11 AM Next Chapter Book Club: 6:30 PM	14 Founders Hall: Killers of <i>the Flower Moon</i> by David Grann 3 PM Poetry Work- shop: An Ob- <i>session into a</i> <i>Book</i> 6 PM Tech Topics: <i>LinkedIn</i> 6 PM	15	16 Workshop: <i>Poetry by Heart</i> 10 AM Tech Topics: Cricut 10 AM Write In: <i>Fairfield County</i> <i>Writers Group</i> 1-4 PM
17	18 Talk: Preventing <i>Sports Injuries</i> with Dr. Karen Sutton 7 PM	19 Skillsbox: <i>Simple Steps</i> 6 PM Critics' Circle Book Group: The <i>Edwardians</i> by Vita Sackville- West 7 PM	20 Health: Chair Yoga 1 PM Italian Film: I <i>An Love</i> 4 PM Adult Maker Group: 6 PM Next Chapter Book Club: 6:30 PM	21 Poetry Workshop: <i>Turning an</i> <i>Obsession into a</i> <i>Book</i> 6 PM Book Discus- sion: Pride and <i>Prejudice</i> 6:30 PM	22 Tech Topics: <i>Instagram</i> 10 AM Making STEAM Cricut 12 PM Tech Topics: <i>3D Printing</i> 2:30 PM	23 Workshop: <i>Poetry by Heart</i> led by Andrew Levine 10 AM
24 Performance: <i>Deborah</i> <i>Sampson: A Rev-</i> <i>olution of Her</i> Own with Judith Kalora 3 PM @ Keeler Tavern Museum	25 Food for Thought: The <i>Food Explorer</i> by Daniel Stone 2 PM Health: <i>Mindfulness and</i> <i>Meditation</i> 6:30 PM	26 Ridgefield Gar- den Club Talk: <i>C-Change</i> 10 AM Making STEAM: <i>Recycled Felted</i> <i>Wool</i> 1 PM Skillsbox: <i>Simple Steps</i> 6 PM	27 A.M. Book Group: 10 AM Tech Tricks: <i>Tech Savvy Not</i> <i>Sorry</i> 11 AM Next Chapter Book Club: 6:30 PM Adult Maker Group: 6:30 PM	28	29 Poetry Discussion Group: Poems <i>of John Berry-</i> <i>man</i> with Dr. Alan Holder 1 PM	30 Panel: Meet Your <i>Legislators</i> 10:30 AM Tech Topics: <i>3D Printing</i> <i>Orientation</i> 10 AM
31	1	2	3	4	5	6