

## CONCERT

### *New Hope Baptist Church Mass Choir*



Join us for a celebratory concert with The New Hope Baptist Church Mass Choir. The Choir was formed in 2003. The choir has a long history of serving the Greater Danbury community as well as many other cities inside

and outside of Connecticut and New York states. The music ministry is under the spiritual and musical direction of the Minister of Music, Corean Strong.

**Sunday, February 26, 2:30 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## POETRY

### *Expressions*

The Library and Art in Common, a nonprofit based in Ridgefield, will host *Expressions: An Evening of Poetry*. Poets of all ages and walks of life will come together to give voice to their dreams and fears through verse in a program honoring the spirit of Black History month and overseen by local historian Hampton Carey.

Art in Common's mission it is to promote creativity, increase community awareness around important social issues, and foster connection across diverse populations.

**Thursday, February 16, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## PARENTING THE SELFIE GENERATION SERIES

*Parenting the Selfie Generation* is a collaboration of Ridgefield Public Schools, Ridgefield Council of PTA's, Ridgefield Library, Ridgefield Youth Commission, Books on Common, Project Resilience, Town Vibe, Fairfield County Bank, Silver Hill Hospital and the Taylor-Zemo Foundation.

### *Interning for Adulthood: Essential Skills Teens Need to Succeed*

Topics that will be covered include money literacy, time management, interpersonal problem solving and more. This program is targeted at parents.

**Tuesday, February 7, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

### *The A - Zzzzzs of Sleep*

This presentation will address the importance of healthy, restful sleep for children and teens and discuss the benefits of a later school start time. Attendees will learn about sleep architecture, proper sleep hygiene and strategies to help children and teens with sleep difficulties.

**Wednesday, February 22, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## AUTHOR TALK

### *The Ethics of Sports* with Dr. Arthur Caplan

Dr. Arthur Caplan is a Professor of Bioethics and Director of the Division of Medical Ethics at NYU Langone Medical Center. He is the co-founder of the NYU Sports and Society Program. He has served on the special advisory committee to the International Olympic Committee on genetics and gene therapy and the FIFA special advisory committee on the use of technology in allowing athletes to adapt to altitude and other environmental challenges. He has also written extensively about medical and political ethics.

**Thursday, February 9, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## DISCUSSION

### *Civility in Politics: Have We Lost Our Way*

Veteran journalist, author, historian, and TV and film producer **Todd Brewster** will guide us on our journey to discuss this important topic. Panelists include former RHS assistant principal and current Superintendent of Schools for Easton, Redding, and Region 9, **Dr. Thomas McMorran**; First Selectman of Newtown, **Pat Llodra**; Chairman of the Connecticut Republican Party, **JR Romano**; and **Ryan Clancy**, Chief Strategist for *No Labels* a nonprofit organization composed of Republicans, Democrats, and independents.

**Thursday, February 23, 7:30 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)



# HEALTH AND WELLNESS

## *The Healing Power of Nature*

with Deana Paqua

Deana Paqua will discuss how tribal shamans and healers have worked in conjunction with nature to assist in the healing process for thousands of years. Paqua will discuss shamans' spiritual connection with nature and the earth and provide meditations and shamanic journeys (with drum) to allow attendees to make their own connections with the spirits of trees, plants, flowers and more.

These programs are part of the *Body, Mind and Spirit: Holistic Health and Wellness* series that is made possible thanks to the Noreen L. Papa - Mothers: Live Your Life! fund.

**Monday, February 6, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## *50 Shades of Menopause*

with Mickey Harpaz

Health expert **Mickey Harpaz** will present his book *50 Shades of Menopause: Cry, Laugh, Forget... You Are Not Alone!* Harpaz will talk about what women can do to alleviate the negative side effects of menopause, including how to handle fatigue, weight gain, memory loss, insomnia, stress, depression and hot flashes.



**Tuesday, February 21, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)



## AUTHOR TALK

### *Finding Love Over 40*

with Ronnie Ann Ryan

Are you suddenly single again or single for years and finally ready to date? Do you wonder how to get started or how dating works today? If you feel confused, frustrated, disappointed or timid about the process, this insightful and fun program is for you. Dating Coach Ronnie Ann Ryan will share her seven secrets about dating after 40, including the best places to find singles, how to strike up a conversation, how to spice up your appeal, gender dating roles today and first date do's and don'ts. Ronnie will also talk about her newest book, *Is He the One? Find Mr. Right by Spotting Mr. Wrong*. Ryan has been featured on ABC, NBC, Fox News, BBC, NPR and others.

**Monday, February 13, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## SKILLSBOX

### *Simple Steps for Starting Your Business*

Want to start a business but don't know where to begin? This 5-part workshop, conducted by a team of professionals from SCORE's Norwalk and Western CT Chapters, will give you the boost to get you on your way!

Attendees are expected to attend all five sessions and those who attend at least four classes will be given a certificate of class completion. Check-in is at 5:45 PM; the programs start promptly at 6:00 PM. Snacks will be served. This program is part of the Skillsbox: Tools for Business Success series sponsored by Ridgefield Library, Ridgefield Chamber of Commerce and SCORE. **Dates:** Monday, January 27, February 6, 13, 20 and 27. Snow dates are scheduled for the following day (Tuesdays).

**5 Mondays Starting January 27, 6 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## COMMUNITY FORUM

### *Eyes Wide Open*

You are invited to a moderated panel presentation and discussion about substance abuse issues in Ridgefield. Opening remarks will be by Ridgefield First Selectman Rudy Marconi and Dr. Karen Baldwin, Superintendent of Ridgefield Public Schools.

Topics to be discussed are: prescription drug safety; the impact of the opioid epidemic; youth substance abuse/trends; treatment & support for individuals and families; harm reduction and community response.

This program is co-sponsored by the Ridgefield Prevention Council and the Ridgefield Library.

**Wednesday, February 1, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## LEARN THROUGH FILM

### *How Do We Treat Addiction?*

We are currently experiencing a prescription painkiller and heroin overdose epidemic. Join us for screenings of powerful films along with discussion. This series is presented by the Library, L & L Media and Western CT State University with support from the Ridgefield Prevention Council.

### *Oslo, August 31st*



Joachim Trier directs this devastating but intensely moving film about the obstacles facing a young person with clinical depression recovering from addiction. **Moderators:** George Kain, WCSU; Marilyn Kain, LCSW; Rudy Marconi, Ridgefield First Selectman.

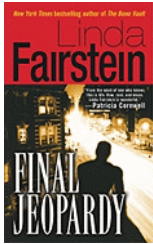
**Wednesday, Feb. 15, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

# LIBRARY BOOK GROUPS - NEW READERS WELCOME!

**MURDER BY THE BOOK**  
**Thursday, February 2**  
 10:30 AM  
*Final Jeopardy*  
 by Linda Fairstein

Introducing Assistant DA Alexandra Cooper, in the first of a long-running series praised for its blend of forensic, legal and procedural detail along with well-rounded portrayals of Cooper and her team at the NYC Sex Crimes Prosecution Unit.



the Odyssey of this nation's search for its idealistic soul." - *The Boston Globe*.



**FOUNDERS HALL BOOK GROUP**  
**Thursday, February 9**  
 3:00 PM  
*My Antonia*  
 by Willa Catha

Open to all members of Founders Hall.

**BOOKS & BREAKFAST**  
**Monday, February 13**  
 10:30 AM



Join us for an informal book chat led by Dorothy Pawlowski

**POETRY DISCUSSION GROUP**  
**Friday, February 24**  
 1:00 PM  
*Poems of Dylan Thomas*  
 with Dr. Alan Holder

This program is made possible thanks to the Friends of the Library.

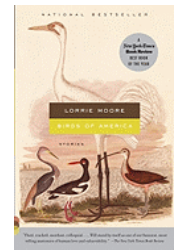
**CRITICS' CIRCLE BOOK GROUP**  
**Tuesday, February 21**  
 7:00 PM  
*The Leopard*  
 by Giuseppe di Lampedusa

Set in the 1860s, *The Leopard* tells the spellbinding story of a dying Sicilian aristocracy threatened by the approaching forces of democracy and revolution. The seamless intertwining of public and private worlds and the grasp of human frailty imbue the novel with its particular melancholy beauty. It is considered one of the great historical novels of its time.



**A.M. BOOK GROUP**  
**Wednesday, February 22**  
 10:00 AM  
*Birds of America*  
 by Lorrie Moore

Twelve stories by one of the most acclaimed contemporary American short story writers, whose work is described by reviewers as simultaneously lyrical, witty and melancholy.



## LIVE IN HD @ RIDGEFIELD PLAYHOUSE

Metropolitan Opera, National Theatre of London and the Bolshoi Ballet on the big screen! Ridgefield Library card holders now receive the Playhouse membership rate of \$20 for these events. For a full listing visit - [ridgefieldplayhouse.org](http://ridgefieldplayhouse.org).

**NONFICTIONEERS**  
**February 7**  
 7:00 PM

*The Best and the Brightest*  
 by David Halberstam  
 (February 7 Chapters 1-16; March 7 Chapter 17 to end)

A rich, entertaining, and profound reading experience."--*The New York Times* "[The] most comprehensive saga of how America became involved in Vietnam. It is also the Iliad of the American empire and

## TECH TOPICS

**How to Choose the Right Social Media Platform for Your Business** with Kate Fitzpatrick. This program is made possible thanks to the Wadsworth Russell Lewis Fund.  
 - Wednesday, February 8 @ 2:00 - 3:00 PM - [Register](#)

**Adult Maker Group: Intro to Programming in C and C++**  
 - Wednesday, February 8 @ 6:30 - 8:00 PM - [Register](#)

**Orientation to 3D Printing** - Are you interested in printing your own 3D design on the Library's Makerbot? We are now offering use of our 3D printer to Ridgefield Library cardholders. Under 18 must come with an adult.  
 - Saturday, February 11 @ 3:00 - 4:30 PM - [Register](#)

**Getting Started with the Library's Digital Resources**  
 - Thursday, February 16 @ 1:00 - 2:30 PM - Drop-in

**Chrome Book Touch Tank for Parents** - If you're interested in seeing exactly how they work and taking a Chrome Book for a spin then come to our drop-in touch tank program.  
 - Thursday, February 16 @ 7:00 - 8:00 PM - Drop-in

**Navigating the Wall Street Journal Online**  
 - Tuesday, February 21 @ 1:00 - 2:00 PM - Drop-in @ [ridgefield library](http://ridgefieldlibrary.org)

**Twitter 101 for Business** with Kate Fitzpatrick. This program is made possible thanks to the Wadsworth Russell Lewis Fund.  
 - Wednesday, February 22, 10:15 - 11:15 AM - [Register](#)



**Adult Maker Group: Basic Electronic Inputs and Outputs**  
 This group is for those 18 years of age and older. New makers are always welcome!  
 - Wednesday, February 22, 6:30 - 8:00 PM - [Register](#)

**Ipad Tips and Tricks** with Dorothy Pawlowski  
 - Thursday, February 23, 1:00 - 2:30 PM - [Register](#)

**Convert Your VHS Videos to DVD.** We have ten 2-hour slots available for those wishing to convert a VHS tape to DVD. Visit [ridgefieldlibrary.org](http://ridgefieldlibrary.org) or call 203-438-2282 for availability and to register.

MAKING  
 STEAM  
 @ ridgefield library

# FEATURED EVENTS CALENDAR - FEBRUARY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><b>February Exhibit:</b> <i>Flowers Grow</i> by Pamela Stoddart</p> <p>Show runs from Thursday, February 2 through Monday, February 27 The Gallery on the Lower Level</p> <p><b>Artist's Reception:</b> Come and meet the artist and enjoy some refreshments. Saturday, February 4, 4 - 6 PM</p>			<p>1 <b>Parenting Discussion:</b> <i>How to Raise an Adult</i> 12 PM</p> <p><b>Community Forum:</b> <i>Substance Abuse</i> 7 PM</p>	<p>2 <b>Murder By The Book:</b> <i>Final Jeopardy</i> by Linda Fairstein 10:30 AM</p>	<p>3 <b>Parenting Discussion:</b> <i>How to Raise an Adult</i> 12 PM</p>	<p>4 <b>Take your Child to the Library Day!</b> <b>Meeting:</b> <i>Memoir Writing Group</i> <b>Hard Drive Smash 2017</b> 1 PM <b>Artist's Reception:</b> <i>Works by Pam Stoddart</i> 4 - 6 PM</p>
	<p>5</p>	<p>6 <b>Holistic Health Series:</b> <i>The Healing Power of Nature</i> with Deana Paqua 7 PM</p>	<p>7 <b>Parenting the Selfie Generation:</b> <i>Interning for Adulthood</i> 7 PM</p> <p><b>The Nonfictioners:</b> <i>The Best and the Brightest</i> by David Halberstam 7 PM</p>	<p>8 <b>Discussion:</b> <i>How to Raise an Adult</i> 12 PM</p> <p><b>Tech Topics:</b> <i>Social Media Platforms</i> 2 PM</p> <p><b>Meeting:</b> Playwrights Collective 6 PM</p> <p><b>Making STEAM:</b> <i>Adult Maker Group</i> 6:30 PM</p>	<p>9 <b>Founders Hall Book Discussion:</b> <i>My Antonia</i> by Willa Catha 3 PM</p> <p><b>Author Talk:</b> <i>The Ethics of Sport</i> with Dr. Arthur Leonard Caplan 7 PM</p>	<p>10 <b>Parenting Discussion:</b> <i>How to Raise an Adult</i> 12 PM</p>
<p>12 <b>Special Event:</b> <i>Hot Stove League</i> with SNY's Gary Cohen 1 PM \$25/\$12.50 ridgefieldlibrary.org</p> <p><b>Community Sing-a-long:</b> <i>Let's Sing!</i> 3 PM</p>	<p>13 <b>Discussion:</b> Books &amp; Breakfast 10:30 AM</p> <p><b>Author Talk:</b> <i>7 Secrets to Find Love After 40</i> with Ronnie Ryan 7 PM</p>	<p>14</p>	<p>15 <b>Learn Through Film:</b> <i>Oslo, August 31</i> 7 PM</p>	<p>16 <b>Tech Topics:</b> <i>Getting Started with the Library's Digital Resources</i> 1 PM</p> <p><b>An Evening of Poetry and Music:</b> <i>Expressions</i> 7 PM</p>	<p>17</p>	<p>18</p>
<p>19</p>	<p>20</p>	<p>21 <b>Tech Topics:</b> <i>The Wall Street Journal Online</i> 1 PM</p> <p><b>Health Series:</b> <i>Menopause</i> 7 PM</p> <p><b>Critics' Circle Book Group:</b> <i>The Leopard</i> by Giuseppe di Lampedusa 7 PM</p>	<p>22 <b>A.M. Book Group:</b> <i>Birds of America</i> by Lorrie Moore 10 AM</p> <p><b>Tech Topics:</b> <i>Twitter</i> 10:15 AM</p> <p><b>Making STEAM:</b> <i>Adult Maker Group</i> 6:30 PM</p> <p><b>Parenting the Selfie Generation:</b> <i>The A to Zzzzs of Sleep</i> 7 PM</p>	<p>23 <b>Tech Topics:</b> <i>iPad Tips and Tricks</i> 1 PM</p> <p><b>Panel Discussion:</b> <i>Civility in Politics</i> 7:30 PM</p>	<p>24 <b>Making STEAM:</b> <i>Coloring for Adults</i> 1 PM</p> <p><b>Poetry Discussion Group:</b> <i>Poems of Dylan Thomas</i> 1 PM</p>	<p>25</p>
<p>26 <b>Concert:</b> <i>New Hope Baptist Church Mass Choir</i> 2:30 PM</p>	<p>27 <b>Skillsbox:</b> Simple Steps for Starting Your Own Business 5:45 PM - #1 of 5</p>	<p>28 <b>Snow Date:</b> <i>Starting a Business</i> 5:45 PM</p>	<p> <b>Hard Drive Smash</b> - Saturday, February 4, 1 - 4 PM Bring in your old hard drives, PCs, Macs, laptops, home electronics, stereos and TVs and we will smash them for you! Computer parts will then be safely recycled. <b>\$20 per item</b>, to benefit the Library's 3rd Annual RidgeCon celebration!</p>			