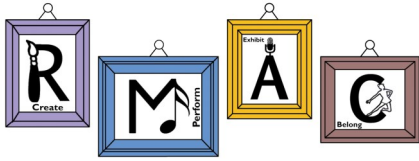


ART

Exhibit by Members of RMAC



An exhibit by RMAC, made up of works by local high school and middle school artists, will be on display in the Gallery on the Lower Level during

January. An Artists' Reception will take place on Saturday, January 7, from 2 - 4 PM that will also feature the arts of spoken word and music. Refreshments will be served. RMAC provides opportunities for students to enhance awareness and appreciation of the arts by participating in cultural experiences and by being a catalyst for community enrichment through the creative arts.

Reception, Saturday, January 7, 2 - 4 PM
No registration

WORKSHOP

Capturing Creativity

with Julia Strayer

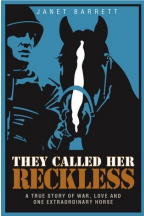
This two-hour generative workshop is open to all writers (fiction, nonfiction, poetry) at any level of experience and goes beyond "writing prompts" to help you, through carefully constructed and completely playful constraints, discover aspects of your writing you didn't know were there.

Julia Strayer's writing appears in *Glimmer Train*, *SmokeLong Quarterly*, *Post Road Magazine*, and others. She placed first in the *Glimmer Train* Short Story Award and her work has been anthologized in *The Best Small Fictions 2015*. She teaches creative writing at New York University.

Saturday, January 14, 10:00 AM
Register at ridgefieldlibrary.org

AUTHOR TALK

They Called Her Reckless - A True Story of War, Love And One Extraordinary Horse with Janet Barret



Join us as Janet Barret describes the amazing real-life warhorse Reckless, who stood with her buddies for two years during the Korean War, saving lives, raising spirits, and winning the love and respect of all who knew her.

Thursday, January 19, 7 PM
Register at ridgefieldlibrary.org

MAKING STEAM!

Adult Maker Group

Come join our Adult Maker Group and tinker with us twice a month. This group is for those 18 years of age and older. New makers are always welcome!

Basic Electronics for Inputs and Outputs. This will be an introduction to LEDs, voltage, current, frequency, analog to digital and digital and analog.

Intro to Python. Python is a widely used, general-purpose, dynamic programming language. This is the preferred language for programming the Raspberry Pi.

Wednesday, January 11 & 25, 6:30 PM
Register at ridgefieldlibrary.org

PARENTING THE SELFIE GENERATION SERIES

How To Raise an Adult with Julie Lythcott-Haims



Parenting the Selfie Generation: Instilling Resilience presents a special program called *How to Raise an Adult: Break Free of the Overparenting Trap and Prepare Your Kids for Success* with **Julia Lythcott-Haims**, former Dean at Stanford University and international

keynote speaker. She will discuss the crucial skills needed for success in college and beyond. Copies of her book will be available for sale and signing at the event. For a full listing of program co-sponsors visit ridgefieldlibrary.org.

Tuesday, Jan. 24, 7 PM @ Ridgefield Playhouse
Tickets \$15, ridgefieldlibrary.org



Parenting Discussions

In the days following the presentation by Julie Lythcott-Haims there will be a series of discussions about some of the topics and tips raised in her book *How to Raise an Adult*.

Wednesday, January 25 from 12 - 1 PM will be the first of three discussions aimed at parents of elementary school children. The discussion will be led by Dr. Melanie Pearl. [Register.](#)

Friday, January 27 from 12 - 1 PM will be the first of three discussions aimed at parents of middle and high schoolers. The discussion will be led by Dr. Elizabeth Engelberg. [Register.](#)

Tuesday, January 31 from 7 - 8 PM will be a more general discussion led by Carol Mahlstedt and Denise Qualey. [Register.](#)

HEALTH AND WELLNESS

Introduction to Yoga

with Valerie Rich



Experience the life-affirming benefits of Yoga and learn how to create your own safe Yoga practice at home. This workshop is open to everyone. **Valerie Rich's** teaching style is playful and yet grounded in tradition.

50 Shades of Menopause

with Mickey Harpaz

Health expert **Mickey Harpaz** will present his book *50 Shades of Menopause: Cry, Laugh, Forget... You Are Not Alone!* Harpaz will talk about what women can do to alleviate the negative side effects of menopause, including how to handle fatigue, weight gain, memory loss, insomnia, stress, depression and hot flashes.

These programs are part of the *Body, Mind and Spirit: Holistic Health and Wellness* series that is made possible thanks to the *Noreen L. Papa - Mothers: Live Your Life!* fund.



Monday, January 9, 7 PM
Register at ridgefieldlibrary.org

Monday, January 23, 7 PM
Register at ridgefieldlibrary.org

MEDIA MATTERS

Exposés

with Mike McIntire



Mike McIntire, a Pulitzer Prize-winning journalist and investigative reporter for *The New York Times*, talks about his ground-breaking exposés on gun violence, presidential politics and abuses in college sports.

Mike McIntire is an investigative reporter at *The New York Times*. Since joining the *Times* in 2003, he has produced in-depth stories on a wide range of subjects, including presidential politics, terrorism and Wall Street bailouts.

Thursday, January 26, 7 PM
Register at ridgefieldlibrary.org

SKILLSBOX

The Basics of Intellectual Property: Trademarks, Copyrights, and Patents

with Laurie Marshall and Libby B. Varghese

Intellectual Property (IP) is one of the most important and valuable assets of any business. Startups who invest time and resources early to understand their IP opportunities and risks achieve their business goals more rapidly. This workshop will help entrepreneurs and small businesses better understand the different types of IP and how to protect them. We will also focus on common IP pitfalls and how to avoid them. **Laurie Marshall, Esq.**, is the Founder and President of Marshall Law Group. **Libby B. Varghese** is a registered patent attorney with experience in IP law. Co-sponsored by SCORE, Ridgefield Chamber of Commerce and the Library

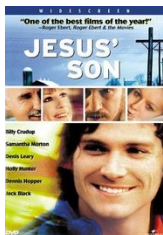
Monday, January 30, 7 PM
Register at ridgefieldlibrary.org

LEARN THROUGH FILM

How Do We Treat Addiction?

We are currently experiencing a prescription painkiller and heroin overdose epidemic. How can we come together to circumvent the deadly disease of addiction? Join us for screenings of three powerful films along with discussion moderated by **Richard Land, Esq.** This series is presented by the Library, L & L Media, Western CT State University and Chipman and Mazzucco.

Jesus' Son



Billy Crudup in *Jesus' Son* plays a sick young man who ultimately discovers service as a cure for his disease. (Based on the short story by Denis Johnson).

Wednesday, January 18, 7 PM
Register at ridgefieldlibrary.org

Oslo August 31st



Joachim Trier directs this devastating but intensely moving film about the obstacles facing a young person with clinical depression recovering from addiction.

Wednesday, Feb. 15, 7 PM
Register at ridgefieldlibrary.org

The Anonymous People



A documentary created by a Danbury native puts forth a radical concept about how those in long-term recovery can help dispel the stigma of addiction.

Wednesday, March 15, 7 PM
Register at ridgefieldlibrary.org

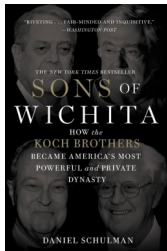
LIBRARY BOOK GROUPS - NEW READERS WELCOME!

NONFICTIONEERS

January 3
7:00 PM

Sons of Wichita: How the Koch Brothers Became America's Most Powerful and Private Dynasty
by Daniel Schulman

Like the Rockefellers and the Kennedys, the Kochs are one of the most influential dynasties of the modern age, but they have never been the subject of a major biography until now. *Sons of Wichita* traces the complicated lives and legacies of the Koch brothers as well as their business, social, and political ambitions. This substantial biography is based on hundreds of interviews with friends, relatives, business associates, and many others.
- *Amazon book description*

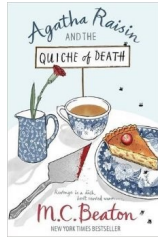


MURDER BY THE BOOK

Thursday, January 5
10:30 AM

Agatha Raisin and the Quiche of Death
by M.C. Beaton

The former owner of a successful London PR firm, Agatha Raisin takes on a new role as amateur sleuth when she retires to a supposedly sleepy Cotswold village, in this thoroughly modern take on Miss Marple and the English village mysteries of Agatha Christie.



BOOKS & BREAKFAST
Monday, January 9
10:30 AM



Join us for an informal book chat led by Dorothy Pawlowski

FOUNDERS HALL BOOK GROUP

Thursday, January 12
3:00 PM
The Children Act
by Ian McEwan

Open to all members of Founders Hall.

CRITICS' CIRCLE BOOK GROUP
Tuesday, January 17
7:00 PM
We Are Called to Rise
by Laura McBride

An immigrant youth struggling to assimilate, a middle-aged housewife with a troubled marriage, a Vegas social worker, and a wounded soldier connect with each other and rescue themselves in the wake of an unthinkable incident.

POETRY DISCUSSION GROUP
Friday, January 27
1:00 PM
Poems of Dylan Thomas
with Dr. Alan Holder

This program is made possible thanks to the Friends of the Library.

A.M. BOOK GROUP

Wednesday, January 25
10:00 AM
Nineteen Eighty-Four
by George Orwell

Written in 1948, *Nineteen Eighty-Four* was George Orwell's chilling prophecy about the future. This dystopian masterpiece is one of the most influential books of the twentieth century.



LIVE IN HD @ RIDGEFIELD PLAYHOUSE

Metropolitan Opera, National Theatre of London and the Bolshoi Ballet on the big screen! Ridgefield Library card holders now receive the Playhouse membership rate of \$20 for these events. For a full listing visit - ridgefieldplayhouse.org.

TECH TOPICS

Facebook 101 for Business with Kate Fitzpatrick. This program is made possible thank to the Wadsworth Russell Lewis Fund.

Tuesday, January 10, 11:00 AM - 12:00 PM - [Register](#)

Adult Maker Group: Basic Electronics for Inputs and Outputs - An introduction to LEDs, voltage, current etc. The group is for those 18 and older

Wednesday, January 11, 6:30 - 8:00 PM - [Register](#)

LinkedIn 101 with Kate Fitzpatrick. This program is made possible thank to the Wadsworth Russell Lewis Fund.

Tuesday, January 17, 2:00 - 3:00 PM - [Register](#)

Getting Started with the Library's Digital Resources

Wednesday, January 18, 2:00 - 3:30 PM - Drop in

3D Printer Orientation - Before reserving printer time, we require attendance at this 90-minute orientation.

- Saturday, January 21, 10:00 AM - 11:30 AM - [Register](#)

Adult Maker Group: Intro to Python - Python is a widely used, general-purpose programming language. The group is for those 18 and older

Wednesday, January 25, 6:30 - 8:00 PM - [Register](#)

Preserve Your Memories - Convert Your VHS Tapes to DVD - Available to Ridgefield Library cardholders 13 years of age or older. Please reserve one of these two-hour blocks.

- Friday, January 6, 11:00 AM - 1:00 PM - [Register](#)

- Friday, January 6, 3:00 - 5:00 PM - Full

- Monday, January 9, 1:00 - 3:00 PM - Full

- Wednesday, January 11, 12:00 - 2:00 PM - Full

- Thursday, January 12, 1:00 - 3:00 PM - Full

- Thursday, January 12, 5:00 - 7:00 PM - Full

- Monday, January 16, 10:30 AM - 12:30 PM - [Register](#)

- Thursday, January 19, 3:00 - 5:00 PM - Full

- Monday, January 23, 2:30 - 4:30 PM - [Register](#)

- Thursday, January 26, 1:00 - 3:00 PM - [Register](#)

- Tuesday, January 27, 12:00 - 2:00 PM - [Register](#)

MAKING
STEAM
@ ridgefield library

FEATURED EVENTS CALENDAR - JANUARY 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Library Closed: Happy New Year!	2 Library Closed: Happy New Year!	3 Nonfictioneers: <i>Sons of Wichita</i> by Daniel Schulman 7 PM	4	5 Murder By the Book: <i>Agatha Raisin and the Quiche of Death</i> by M. C. Beaton 10:30 AM	6	7 Meeting: <i>Memoir Writing Group</i> Artist's Reception: <i>Artwork by RMAC</i>
8 CANCELLED ARTalk: <i>Fakes and Forgeries in the Art World</i> with Kenneth N. Needleman 2 PM	9 Discussion: Books & Breakfast 10:30 AM Holistic Health Series: <i>Yoga for Body, Breath and Soul</i> with Valerie Rich 7 PM	10 Tech Topics: <i>Facebook 101 for Business</i> with Kate Fitzpatrick 11 AM	11 Meeting: Ridgefield Theater Barn Playwrights Collective 6 PM Making STEAM: Adult Maker Group 6:30 PM	12 Founders Hall Book Discussion: <i>The Children</i> Act by Ian McEwan 3 PM	13 Making STEAM: Adult Coloring 1 PM	14 Field Trip: <i>Shutterbugs</i> 9 AM Workshop: <i>Capturing Creativity</i> with Julia Strayer 10 AM
15	16	17 Tech Topics: <i>LinkedIn</i> with Kate Fitzpatrick 2 PM Critics' Circle Book Group: <i>We Are Called to Rise</i> by Laura McBride 7 PM	18 Making STEAM: <i>Felting for Adults</i> 1 PM Learn Through Film: <i>Jesus' Son</i> 7 PM	19 Author Talk: <i>They Called Her Reckless—A True Story of War, Love And One Extraordinary Horse</i> with Janet Barret 7 PM	20	21 Tech Topics: <i>3D Printing Orientation</i> 10 AM
22 Community Sing-a-long: <i>Let's Sing!</i> 3 PM	23 Holistic Health Series: <i>50 Shades of Menopause</i> with Mickey Harpaz 7 PM Meeting: Library Board 7:30 PM	24 Author Talk: <i>How to Raise an Adult</i> with Julie Lythcott-Haims 7 PM @ Ridgefield Playhouse Tickets \$15.	25 A.M. Book Group: <i>Nineteen Eighty-Four</i> by George Orwell 10 AM Making STEAM: <i>Making Felted Hats and Mittens</i> 1:30 PM Making STEAM: Adult Maker Group 6:30 PM	26 Tech Topics: <i>Intro to Wordpress</i> 6 PM Media Program: <i>Inside the Times: An Investigative Journalist Delves Into Exposés</i> with Mike McIntire 7 PM	27 Discussion: <i>Raising an Adult</i> 12 PM Poetry Discussion Group: <i>Poems of Dylan Thomas</i> 1 PM	28
29	30 Skillsbox: <i>The Basics of Intellectual Property: Trademarks, Copyrights, and Patents</i> 7 PM	31 Discussion: <i>How to Raise an Adult</i> 7 PM Author Talk: with Mystery writers Jean Cullander and Dorothy Hayes 7:30 PM	January Exhibit: <i>Artwork by Members of RMAC</i> Show runs from January 7 through January 30 Gallery on the Lower Level Artist's Reception: Please come to meet the artists, enjoy refreshments and hear some live music performed by young musicians! Saturday, January 7, 2 - 4 PM			

