

## SUMMER READING 2017!

This year's Adult Summer Reading theme is ***Build a Better World***. The program once again coincides with the long-running children's and teen summer reading programs that begin on June 21 and run through August 5. During this period, just read a book or listen to an audiobook and submit an entry to be included in drawings for themed prizes. Participants are encouraged to do their entries online (see the Summer Reading link at [ridgefieldlibrary.org](http://ridgefieldlibrary.org).) Forms can also be dropped off at one of the Service Desks. The Library's summer reading programs are made possible thanks to the Friends of the Library.

In addition, the Library will host a series of programs and events for adults over the summer. The Library's many book groups (except the Poetry Discussion Group) also continue to meet over the summer.

And, be sure not to miss **RidgeCon**, a celebration of pop culture and fandom, that will take place on Friday, August 11 and Saturday, August 12. Stay tuned for more information!



### LIVE MUSIC

***Ridgefield Folk***  
With Heather Maloney



As a Signature Sounds artist, **Heather Maloney** has toured nationally as a headliner and also in support of acts including Mary Chapin Carpenter. Raised on a record player instead of a TV, Maloney dug deep into her parents' record collection for entertainment, obsessing over the Beatles, Joni Mitchell,

Dylan, Fleetwood Mac and more. Val Haller of the New York Times describes her singing as "utterly gorgeous - visceral." Free thanks to the Friends of the Library.

**Sunday, June 11, 2 PM**

Tickets given out at the door starting at 1 PM, doors open at 1:30 PM

### AUTHOR TALKS

***The Rules of Love and Grammar***  
with Mary Simses



The Library and Books on the Common are pleased to welcome **Mary Simses** to discuss her new novel *The Rules of Love and Grammar*. Newly jobless, newly single, and suddenly apartmentless, writer Grace Hammond has come unmoored. A grammar whiz who's brilliant at correcting other people's errors, she hasn't yet found quite

the right set of rules for fixing her own mistakes. Desperate to escape the City, she retreats to her Connecticut hometown and discovers that the answers to what her future holds might be found by making peace with, and even embracing, the past.

**Thursday, June 29, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)



## ***Tell Your Story: Exploring Your Family History with Genealogy Documents***

A Three-part Series with Toni McKeen

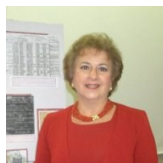
This series is made possible thanks to colleagues of Nick Donofrio in recognition of his personal journey and pride of family.

### ***Navigating Ships' Manifests***

Find out what information is needed to locate manifests to learn more about your immigrant family members.

**Saturday, June 17, 10 AM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)



### ***Becoming an American***

Learn valuable information about the naturalization process and records that list who became naturalized and why.

**Saturday, June 24, 10 AM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

### ***United States Military Records***

Discover what documents are available, the information they contain and how to find them and use them for future research.

**Saturday, July 8, 10 AM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## MEDIA

### *Believe It Or Not: How To Spot Fake News*

With Dr. Robert Miller and Dorothy Pawlowski

**Dr. Robert Miller**, Director of Technology and Operations Development at Ridgefield Public Schools, will discuss why fake news is so prevalent, what can be done about it, and how to protect ourselves and our children from becoming victims of false information. **Dorothy Pawlowski**, Head of Adult Services at the Ridgefield Library, will give an overview of the Library's many databases and other resources that can be of help when trying to find reliable sources of online and print materials.

**Wednesday, June 7, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## SKILLSBOX

### *Intention Setting* with Pamela Miles



In this interactive presentation attendees will have the opportunity to create conditions for transformation in their life and work by learning a few simple ways to cultivate attention to inner wisdom and strength. Pamela Miles is owner of the Ridgefield-based company Wisdom of Within.

This program is part of the Skillsbox series and is co-sponsored by the Library, SCORE and Ridgefield Chamber of Commerce. Bagels, tea and coffee will be served!

**Thursday, June 8, 8 AM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

## HEALTH AND WELLNESS

### *Reduce Stress and Worry*

With Master Coach Stephen Cluney

**This talk will help you:**

- Greatly reduce stress and have more peace of mind
- Be more effective and clear minded whether you are: in business, parenting or preparing for college
- Maintain your presence and your connection with others
- Access your innate intelligence and experience the power of intuition more often

Ridgefielder **Stephen Cluney** is widely recognized as a coaching industry leader and innovator and has spent the last 28 years consulting/coaching CEOs and executives in the beauty, fashion, and entertainment industries.

**Saturday, June 10, 9 AM to 11:30 AM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)



### *What's New In Women's Health*

with Dr. Mini, Dr. Surace and Pamela Miles

Do you really need that yearly PAP?  
What age do you begin mammograms?  
How much does stress really impact your health?  
Are your fashion trends impacting your health?  
Should I take that cruise to the Caribbean?

In a casual conversational atmosphere we will explore top trends in medicine and discuss what the current guidelines mean for individual care. We'll provide the audience with specific suggestions about ways to increase wellness and reduce stress. We also practice mindfulness exercises that can easily be implemented into daily routines.

**Monday, June 26, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

### *Narcan Information & Training*

Hosted by State Representative John Frey and State Senator Toni Boucher

Join us for a training session and demonstration about how to acquire and administer naloxone (Narcan™), and discuss legislative efforts and other resources to combat the opioid crisis.

Sponsored by the Ridgefield Prevention Council, Silver Hill Hospital and Ridgefield Library. Free Narcan kits will be distributed courtesy of Silver Hill Hospital.

**Thursday, June 15, 7 PM**

No registration

### *Author Talk: Positive to a Plus*

with Mary Teicholz

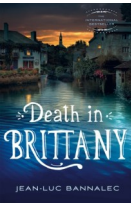





In her new book **Mary Teicholz** writes about her personal and courageous journey with cancer. The tremendous, overpowering, and life-threatening beast in her life was blood cancer. The fire in her belly was sheer determination, an unwavering will to survive, and a little Italian stubbornness thrown in for good measure. In a humorous, down-to-earth style, Teicholz stresses how to get the best care and how important it is to remain positive even in the midst of the most challenging situations.

**Tuesday June 27, 7 PM**

Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

# LIBRARY BOOK GROUPS - NEW READERS WELCOME!

<p><b>NONFICTIONEERS</b> Tuesday, June 6 7:00 PM</p> <p><b>Valiant Ambition: George Washington, Benedict Arnold and the Fate of the American Revolution</b> by Nathaniel Philbrick</p> <p>From the <i>New York Times</i> bestselling author of <i>In The Heart of the Sea</i> and <i>Mayflower</i> comes a surprising account of the middle years of the American Revolution, and the tragic relationship between George Washington and Benedict Arnold. <i>Valiant Ambition</i> is a complex, controversial, and dramatic portrait of a people in crisis and the war that gave birth to a nation. The focus is on loyalty and personal integrity, evoking a Shakespearean tragedy that unfolds in the key relationship of Washington &amp; Arnold.</p> <hr/> <p><b>Next Month's Selection</b> Tuesday, July 11, 7:00 PM <b>American Lion: Andrew Jackson in the White House</b> by Jon Meacham</p>	<p><b>MURDER BY THE BOOK</b> <b>Thursday, June 1</b> 10:30 AM</p> <p><b>Death in Brittany</b> by Jean-Luc Bannalec</p> <p>Sophisticated former Paris police detective Georges Dupin finds himself living and working in a small village on the Brittany coast, where the murder of a local restaurant owner is tied to secrets from the village's past as a retreat for Impressionist painters. Praised for atmospheric depiction of the French countryside, deft plotting and a fascinating series hero.</p> 	<p><b>BOOKS &amp; BREAKFAST</b> Monday, June 12 10:30 AM</p>  <p>Join us for an informal book chat led by Dorothy Pawlowski</p>	<p>National Book Award-winning memoir of life in Cuba during the 1950s by a Yale historian who was brought to the US in the controversial Operation Peter Pan after the fall of the Batista regime.</p>
	<p><b>FOUNDERS HALL BOOK GROUP</b> <b>Thursday, June 8</b> 3:00 PM</p> <p><b>Some Luck</b> by Jane Smiley</p> <p>Open to all members of Founders Hall.</p> 	<p><b>CRITICS' CIRCLE BOOK GROUP</b> <b>Tuesday, June 20</b> 7:00 PM</p> <p><b>A Man Called Ove</b> by Fredrik Backman</p> <p>A curmudgeon hides a terrible personal loss beneath a cranky and short-tempered exterior while clashing with his new neighbors, a boisterous family whose chattiness and habits lead to unexpected friendship.</p>	<p><b>POETRY DISCUSSION GROUP</b> <b>Friday, June 23</b> 1:00 PM</p> <p><i>Poems of Marianne Moore</i> with Dr. Alan Holder</p> <p>This program is made possible thanks to the Friends of the Library.</p>
		<p><b>A.M. BOOK GROUP</b> <b>Wednesday, June 28</b> 10:00 AM</p> <p><i>Waiting for Snow in Havana: Confessions of a Cuban Boy</i> by Carlos Eire</p>	<div style="border: 2px dotted black; padding: 10px;"> <p style="text-align: center;"><b>Guest Bartender Night @ Gallo</b> <b>June 15, 6 - 9 PM</b></p> <p>Join us for an evening of karaoke and music trivia, with our host Rob Ellis! All bar tips benefit the Ridgefield Library. Gallo will contribute 10% of the evening's liquor and food bill as well. Don't forget to stay for dinner and mention the Library.</p>  </div>

## ART AND ABOUT: FIELD TRIPS

### **Grace Farms** New Canaan, CT

Grace Farms is a welcoming place where a building designed by Japanese architectural firm SANAA is seamlessly integrated into 80 acres of open space. The charge for the 90 minute tour and boxed lunch is \$22. Tickets can be purchased at the Library website.

**Wednesday, June 21, 10:30 AM**  
Tickets at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

### **The Hammond Museum & Japanese Stroll Gardens** North Salem, NY

The Hammond Museum and Japanese Stroll Garden aims to enlighten visitors about Eastern traditions through its programs and horticulture. Tour of the garden and visit of the museum is open to 15. Charge is \$ 5.00 per person, \$ 4.00 for seniors. Lunch will follow (Dutch treat) at 12:00 pm at 121 Restaurant.


**Wednesday, July 12, 10:30 AM**  
Tickets at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

### **Weir Farm National Historic Site** Wilton, CT

Weir Farm National Historic Site is a 60-acre national park with a focus on the American Impressionist painting movement. Tour is open to 15. No charge. The visit will include a tour of J. Alden Weir's home and studio and a screening about Weir Farm. No charge but you **must** register. Please bring a bag lunch.

**Wednesday, July 26, 9:30 AM**  
Register at [ridgefieldlibrary.org](http://ridgefieldlibrary.org)

# FEATURED EVENTS CALENDAR - JUNE 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
		 <p><b>Exhibit:</b> <i>New Visions: A Photography Exhibit by the Shutterbugs</i> Saturday, May 27 through Wednesday, June 28</p> <p><b>Artists' Reception:</b> Saturday, June 3, 2 - 4 PM</p>		<p>1 <b>Murder by the Book:</b> <i>Death in Brittany</i> by Jean-Luc Bannalec 10:30 AM</p>	<p>2</p>	<p>3 <b>Artists' Reception:</b> <i>New Visions - Shutterbugs Photography Show</i> 2 PM - 4 PM</p>		
		<p>4</p>	<p>5</p>	<p>6 <b>Nonfiction-neers:</b> <i>Valiant Ambition: George Washington, Benedict Arnold and the Fate of the American Revolution</i> by Nathaniel Philbrick 7 PM</p>	<p>7 <b>Talk:</b> <i>Believe It Or Not: How To Spot Fake News</i> with Dr. Robert Miller and Dorothy Pawlowski 7 PM</p>	<p>8 <b>Skillsbox:</b> <i>Intention Setting</i> with Pamela Miles 8 AM</p> <p><b>Founders Hall Book Discussion:</b> <i>Some Luck</i> by Jane Smiley 3 PM</p>	<p>9</p>	<p>10 <b>Field Trip:</b> <i>Shutterbugs</i> 9 AM</p> <p><b>Workshop:</b> <i>Reduce Stress and Worry</i> with Stephen Cluney 9 AM</p>
<p>11 <b>Live Music:</b> <i>Ridgefield Folk</i> with Heather Maloney 2 PM</p>	<p>12 <b>Discussion:</b> <i>Books &amp; Breakfast</i> 10:30 AM</p>	<p>13</p>	<p>14</p>	<p>15 <b>Workshop:</b> <i>Narcan Information and Training Program</i> 7 PM</p>	<p>16</p>	<p>17 <b>Exploring Your Family History with Genealogy Documents:</b> <i>Ships' Manifests</i> with Toni McKeen 10 AM</p>		
<p>18</p>	<p>19</p>	<p>20 <b>Critics' Circle Book Group:</b> <i>A Man Called Ove</i> by Fredrik Backman 7 PM</p>	<p>21 <b>Summer Reading Programs Begin!</b></p> <p><b>Fieldtrip:</b> <i>Art and About to Grace Farms</i> 10:30 AM</p>	<p>22 <b>Holistic Health Program:</b> <i>Tai Chi: What Is it and Where Did It Come From?</i> with Bil Mikulewicz 2 PM</p>	<p>23 <b>Poetry Discussion Group:</b> <i>Poems of Marianne Moore</i> 1 PM</p>	<p>24 <b>Exploring Your Family History with Genealogy Documents:</b> <i>Becoming An American</i> with Toni McKeen 10 AM</p>		
<p>25 <b>Closed for Summer Sundays</b></p>	<p>26 <b>Panel:</b> <i>What's New in Women's Health: 5 Top Trends You Need to Know!</i> 7 PM</p> <p><b>Meeting:</b> <i>Library Board</i> 7:30 PM</p>	<p>27 <b>Author Talk:</b> <i>Be Positive to a Plus</i> with Mary Teicholz 7 PM</p>	<p>28 <b>A.M. Book Group:</b> <i>Waiting for Snow in Havana: Confessions of a Cuban Boy</i> by Carlos Eire 10 AM</p>	<p>29 <b>Author Talk:</b> <i>The Rules of Love and Grammar</i> with Mary Simses 7 PM</p>	<p>30</p>	<p>1</p>		